

Megaherbivore exclusion led to more complex seagrass canopies and increased biomass and sediment C_{org} pools in a tropical meadow

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10 Abstract

11 In some regions of the Caribbean Sea, seagrasses have been negatively affected by sea turtle
12 overgrazing. Seagrass canopy complexity has declined at a long-term monitoring site in Costa
13 Rica. We deployed megaherbivore exclosures for 13 months and found an increase over time in
14 seagrass cover and maximum canopy height to ~ 75 % and 20 cm respectively in the exclosures;
15 while they remained steady in controls at < 25 % and ~ 5 cm. Following exclusion, above ground
16 biomass was higher in exclosures (320 ± 58 g DW m⁻²) compared to controls (171 ± 60 g DW m⁻²).
17 Leaves were longer and wider in the exclosures (8 ± 5 cm and 0.8 ± 0.2 cm) compared to
18 controls (2 ± 2 cm and 0.5 ± 0.1 cm). Above ground biomass C_{org} pools in exclosures (1.2 ± 0.2
19 Mg ha⁻¹) were two-times higher than in controls (0.6 ± 0.2 Mg ha⁻¹). Meanwhile, there was no
20 variation between treatments in seagrass shoot density (1,692 ± 803 shoots m⁻²), below ground
21 biomass (246 ± 103 g DW m⁻²) and its C_{org} pool (0.8 ± 0.4 Mg ha⁻¹). Relative sediment level
22 increased up to 4.4 cm within exclosures revealing a net increase in sediment C_{org}, while surficial
23 sediment C_{org} percentage was similar between exclosures and controls. Releasing these meadows
24 from megaherbivore grazing therefore led to a clear increase within exclosures of seagrass cover,
25 canopy complexity, above ground biomass, and C_{org} pools in above ground biomass and
26 sediment. Our study reveals that the decline in canopy complexity over time at this meadow is
27 linked to megaherbivore grazing and has most likely led to a decrease in blue carbon pools.
28 Excessive megaherbivore grazing at this site could lead to a continued decline or potential loss of
29 the meadow, and seagrass conservation and restoration initiatives should include consideration of
30 trophic dynamics.

31

32 **1 Introduction**

33 Seagrass meadows are an important coastal habitat and provide many ecosystem services
34 (Nordlund et al., 2018). An emergent service is organic carbon (C_{org}) sequestration, also referred
35 to as Blue Carbon, which mitigates atmospheric carbon dioxide concentrations linked to climate
36 change (McLeod et al., 2011). Seagrasses are vascular marine plants which can store C_{org} for
37 decadal time periods in their biomass through the process of photosynthesis. In the Caribbean,
38 *Thalassia testudinum* is the largest seagrass species (van Tussenbroek et al., 2010) with a short
39 shoot life expectancy of 20⁺ years (Peterson and Fourqurean, 2001; van Tussenbroek, 2002). C_{org}
40 from seagrass biomass and from non-seagrass sources suspended in the water column can be
41 buried in the associated sediment for up to thousands of years (Mateo et al., 1997; Duarte et al.,
42 2013). Seagrass canopies decrease water flow, thereby promoting particle deposition and
43 limiting resuspension (Gacia and Duarte, 2001; Koch et al., 2006). Seagrass canopies with longer
44 leaves and higher shoot densities have greater capacity for water flow attenuation (Adams et al.,
45 2016). Variations in seagrass canopy structural complexity could affect their capacity to bury
46 seagrass and non-seagrass C_{org} in their associated sediment.

47 There is limited information on the effect of seagrass canopy on C_{org} sequestration in seagrass
48 sediment under conditions that minimize potential confounding factors. From recent studies, we
49 know that many biotic and abiotic variables may affect canopy structural complexity and
50 therefore the input and deposition of C_{org} in seagrass sediment, such as geomorphic conditions,
51 water depth, hydrodynamics, and grazing (Mazarrasa et al., 2018). Seagrasses have many direct
52 grazers, which range from small invertebrates, to urchins, juvenile and adult fishes, birds, and
53 larger grazers such as sea turtles, manatees, dugongs, and sharks (Valentine and Duffy, 2006;
54 Leigh et al., 2018). Grazers can feed on above or below ground biomass, and flowering
55 structures, thereby also playing a role in seagrass pollination (van Tussenbroek et al., 2016).
56 Larger grazers can influence the structural complexity of the seagrass canopy and species
57 composition of the meadows. Sea turtles intermittently visit specific grazing areas and consume
58 leaf tissue by cropping the tops of the leaves, with new leaf material produced between each visit
59 (Bjorndal, 1980; Christianen et al., 2021). Historically, seagrasses evolved under grazing
60 pressure and meadows may not have been dominated by large climax seagrass species with
61 structurally complex canopies but a dynamic mosaic of varying grazing stages (Christianen et al.,
62 2021). A decrease in herbivore abundance due to anthropogenic pressure may have led to more
63 structurally complex canopies, yet the biomass that is not consumed by grazing can then
64 potentially degrade within the meadow and serve as a substrate for slime molds and other
65 microbiota, thereby negatively impacting seagrasses and/or sediment oxygenation (Jackson et al.,
66 2001). Seagrass canopy complexity can decrease due to grazing dynamics, with a potential effect
67 on C_{org} in their associated sediment.

68 Seagrass meadows were historically resilient to coastal impacts and withstood high levels of
69 herbivory, yet seagrasses have been declining in recent decades at alarming rates. Seagrasses are
70 a highly threatened coastal habitat and declined worldwide at an estimated 7 % per year between
71 1990 and 2000, compared to a 1 % decline per year before 1940 (Waycott et al., 2009).
72 Diminished water quality, algal blooms, destructive fishing practices, invasive species, and
73 climate change are key stressors of seagrass habitats (Orth et al., 2006). Seagrass grazing at low
74 intensities can increase nutrient content and productivity in seagrasses, while excessive grazing
75 can lead to a decline in both parameters (Fourqurean et al., 2010, 2019; Molina Hernández and

76 van Tussenbroek, 2014; Christianen et al., 2021). Seagrass meadows have been recently
77 declining or have collapsed at multiple locations from increased grazing intensity from
78 megaherbivores, mainly sea turtles (Christianen et al., 2014, 2021; Fourqurean et al., 2019).
79 Intense grazing by sea turtles can lead to rhizome consumption and an increase in pioneer
80 seagrass species (Christianen et al., 2014, 2021; Scott et al., 2020). Increased urchin densities
81 and consequent grazing can also lead to seagrass loss (Rose et al., 1999; Langdon et al., 2011).
82 Seagrass decline and loss could diminish the ecosystem services meadows provide, including
83 C_{org} sequestration.

84 Overgrazing can impact multiple seagrass ecosystem services. Seagrass capacity to support
85 fisheries by serving as a nursery habitat and their role in coastal protection, nutrient uptake and
86 C_{org} sequestration may be diminished under excessive grazing (Scott et al., 2018; Christianen et
87 al., 2021). Living seagrass tissue and a positive carbon balance lead to C_{org} sequestration. In
88 contrast, the degradation or loss of living seagrass tissues diminishes active C_{org} sequestration in
89 the ecosystem and leaves the C_{org} pools in the sediment vulnerable to remineralization
90 (Pendleton et al., 2012; Marbà et al., 2015). Overgrazing by sea urchins has been shown to
91 decrease seagrass sediment C_{org} by as much as 35 % to 46 % (Carnell et al., 2020). Trophic
92 dynamics between seagrass, grazers and their predators, can influence seagrass canopies and the
93 C_{org} stored in their sediment, with higher C_{org} sequestration expected at intermediate grazing and
94 predation levels (Atwood et al., 2015). C_{org} content in seagrass sediment can be unaffected by
95 simulated grazing (Moran and Bjorndal, 2007; Dahl et al., 2016) or experimental shading, yet
96 may lead to erosion and a decrease in C_{org} in surficial sediment layers (Dahl et al., 2016).
97 Overgrazing in seagrass meadows can therefore lead to the destabilization and/or erosion of the
98 sediment and subsequent loss of associated C_{org} (Dahl et al., 2021). More research is currently
99 needed on the dynamics of C_{org} sequestration and grazing, particularly in tropical regions.

100 The effects of overgrazing on seagrasses have not been studied in Central America to date (Dahl
101 et al., 2021) and blue carbon studies in tropical seagrass meadows have been scarce (Serrano et
102 al., 2021). In this study, we aimed to assess the effect of megaherbivore exclusion over a 13-
103 month time period at a tropical seagrass meadow that has shown decline in structural complexity
104 over twenty years of monitoring. We hypothesized that seagrass structural complexity would
105 increase within megaherbivore exclusions compared to control plots. Given an increase in
106 canopy structural complexity within the megaherbivore exclusions, we expected to find higher
107 C_{org} pools in seagrass biomass and in the associated sediment.

108 **2 Methods**

109 **2.1 Study Site**

110 This field study was carried out next to the long-term seagrass monitoring site at Perezoso,
111 Cahuita National Park, southern Caribbean coast of Costa Rica (9°44'13" N; 82°48'24" W). This
112 is a tropical location, with average air temperatures ~ 26 °C and water temperatures at 1.5 m
113 between 25 and 33 °C (Cortés et al., 2010). Annual precipitation at this location ranges from
114 1,400 to 4,000 mm (Cortés et al., 2010). There are two dry periods each year, one in March and
115 the other from September to October (Cortés, 2016). Tidal variation is less than 50 cm, and it is
116 mixed and semidiurnal (Lizano R., 2006).

117 At Cahuita, seagrass meadows are found in a sheltered coral reef lagoon. Seagrass are composed
118 mainly of turtle grass *T. testudinum*, mixed with manatee grass *Syringodium filiforme* as a minor
119 component (Fonseca E. et al., 2007; Cortés et al., 2010; Loria-Naranjo et al., 2018). *Halodule*
120 *wrightii* and *Halophila decipiens* are smaller species that have also been found sporadically in
121 these meadows (Samper-Villarreal et al., 2018b). There is synchronized flowering of *T.*
122 *testudinum* and *S. filiforme* around March (Nielsen-Muñoz and Cortés, 2008; Samper-Villarreal
123 et al., 2020b). The long-term monitoring site is less than 1 m in depth and is close to the mouth
124 of Perezoso river (Fonseca E. et al., 2007; Cortés et al., 2010). Seagrass meadows at this site
125 have been monitored at quarterly to biannual intervals since 1999 using the CARICOMP
126 methodology (CARICOMP, 2001). At this site, seagrass canopy complexity has declined in
127 recent times. Leaf length and width of *T. testudinum* went from 17.5 cm and 9.9 mm respectively
128 in the year 2000, to 2.8 cm and 5.9 mm by 2015 (Fonseca E. et al., 2007; Loria-Naranjo et al.,
129 2018). A decline in *T. testudinum* biomass may be linked to environmental deterioration (van
130 Tussenbroek et al., 2014) and Cahuita has been under continued siltation stress since the 1980's
131 (Cortés and Risk, 1985). There is no treatment of waste water in the town nearby, yet water
132 quality conditions within Cahuita National Park are not considered a key factor leading to
133 seagrass decline (Samper-Villarreal et al., 2021).

134 2.2 Exclosure assembly and deployment

135 Five exclosures and five control plots were haphazardly deployed at the study site on September
136 1st 2018 and removed on October 3rd 2019, for a total of 13 months deployed in the field.
137 Megaherbivore exclosures were assembled in the field and composed of commercially available
138 electro-welded mesh made of steel rods (5 mm diameter) with 15 cm square openings (Figure 1).
139 Exclosure opening size was aimed at protecting seagrass from grazing by megaherbivores such
140 as fish > 15 cm, sea turtles, and manatees, while smaller herbivores such as small invertebrates,
141 urchins and fish < 15 cm were not excluded. Exclosure tops consisted of square 1.5 x 1.5 m
142 panels. The exclosure sides consisted of rectangular panels 1.5 m in length by 30 cm in height
143 above the sediment and 15 cm pins left at the bottom of each side panel and inserted into the
144 sediment. At each of the corners of the exclosure a rebar rod (50 cm length and 10 mm diameter)
145 was inserted ~ 15 cm into the sediment to support the exclosure and aid anchoring it to the
146 sediment. The panels were attached to each other and to the support rods using plastic zip ties.
147 Control plots consisted only of the rebar rods at the four corners marking an area with the same
148 dimensions as the exclosures. Each exclosure and control were marked with numbered plastic
149 identification tags.

150 Exclosure panels were painted prior to submersion with two coats of industrial epoxy covering
151 (Carbomastic 615 by Carboline) and allowed to dry thoroughly for protection from corrosion
152 while minimizing impact on marine biota. While the exclosures were in the field, we noted
153 growth of crustose coralline algae, fleshy and filamentous macroalgae, corals, and other
154 invertebrates on the exclosures and metal rods; which were removed during each visit at monthly
155 intervals to avoid any potential unintended effects from this biota, such as light limitation. At the
156 12-month mark from deployment, in September 2019, we noted deterioration in the welded
157 metal of the exclosures and concluded that the exclosures would most likely not hold up for the
158 several months remaining until the following dry season in March. We therefore removed the
159 exclosures after 13 months from the time of deployment, near the end of that dry season.

160 2.3 Seagrass measurements throughout megaherbivore exclusion and following 161 exclosure removal

162 Seagrass species composition, cover and maximum canopy height were measured once in each
163 exclosure and control ($n=5$ per treatment). Measurements were carried out at the time of
164 exclosure deployment, at six, nine and 12 months since the date of exclosure deployment, at the
165 time of exclosure removal, and two weeks after exclosure removal. One side panel was left in
166 place on every exclosure plot following exclosure removal to help plot identification two weeks
167 after exclosure removal. Seagrass cover per species was visually estimated by the same observer
168 in a 45 x 45 cm area in the center of each of the exclosures and a 50 x 50 cm area using a quadrat
169 in the center of the control plots. Maximum canopy height was measured using a hand-held ruler.

170 On the final day of the exclusion period and just before exclosure removal, we measured the
171 relative surficial sediment level inside each of the exclosure. A white PVC corer was placed
172 vertically on the sediment immediately outside each exclosure and the level of the sediment
173 inside the exclosure compared to outside the exclosure at sediment eye level was marked with a
174 pencil on the PVC and the distance measured with a ruler. This was repeated on each side for
175 each exclosure and the four measurements averaged for each exclosure. There was no noticeable
176 increase in the sediment level within the control plots, therefore surficial sediment level
177 measurements were not carried out.

178 2.4 Sample collection

179 Immediately after removal of the exclosures, 20 ml of surficial sediment was collected in
180 duplicate from each plot ($n=10$ per treatment) using a 2.8 cm diameter and 3.0 cm depth corer
181 (60 ml plastic syringes). A biomass sample was then collected from the center of each plot ($n=5$
182 per treatment) using an 8 cm diameter and 22 cm depth PVC corer and rinsed in the field using a
183 1 mm opening mesh. Samples were kept frozen until further processing. Following the
184 CARICOMP methodology to measure seagrass productivity (CARICOMP, 2001), a small
185 quadrat of 20 cm x 10 cm was placed near the center of each exclosure and control plot a week
186 before exclosure removal ($n=5$ per treatment). All *T. testudinum* leaves within the quadrat were
187 marked at the sediment surface at the time of quadrat placement and shoots were collected on the
188 day of exclosure removal, seven days after marking them. Three *T. testudinum* seagrass shoots
189 were collected from each of the exclosures for epiphyte estimation ($n=15$). Seagrass shoots for
190 epiphytes were not collected from the control plots as epiphytes were not seen on their leaves in
191 the field.

192 2.5 Seagrass sample processing

193 Biomass samples were separated into the different seagrass components of leaves and shoots,
194 rhizomes, roots, and flowering structures, and macroalgae and detritus. Seagrass leaves were
195 separated into those with and without epiphytes. Calcareous algae epiphytes were removed from
196 biomass samples by acidification with 10 % HCl and filamentous and fleshy algae were removed
197 by manual scraping (CARICOMP, 2001).

198 For each biomass core, we noted total seagrass shoot density and shoot density for each species.
199 Photographs were taken of a maximum of three shoots per species per core along with a ruler for
200 size estimation. Biomass components were then dried at 60 °C and dry weight (DW) per square

201 meter calculated. Leaf length, width and area were estimated from the photographs using ImageJ
 202 (Schneider et al., 2012). The total number of leaves and shoots analyzed per treatment depended
 203 on the number of species in the samples, whether there were three shoots or less of each species
 204 and the number of leaves in each of the shoots (please refer to Table 1 for number of samples
 205 analyzed per treatment). Using the photographs, we noted presence or absence of evidence of
 206 herbivory for each leaf in the following categories: round leaf tip, leaf tip senescence, shredded
 207 leaf tip, elliptical bite marks, and scraping on leaf blade (Valentine and Duffy, 2006). Each leaf
 208 could have more than one category.

209 To measure seagrass leaf productivity, *T. testudinum* leaves that were marked and collected after
 210 a week were separated into old standing crop, new growth and new leaves. Samples were then
 211 acidified in 10 % HCl and dried at 60 °C ($n=5$ per treatment). To quantify seagrass productivity
 212 ($\text{mg DW shoot}^{-1} \text{ day}^{-1}$) in the exclosures and control plots, the dry weight of new material (new
 213 leaves + new growth) was divided by the density of each quadrat and the number of days from
 214 marking to sampling (CARICOMP, 2001).

215 Epiphytes were isolated from each of the three shoots collected within each of the exclosures by
 216 manually scraping each leaf side with a razor blade and distilled water. The epiphytes and water
 217 were placed in pre-weighed glass petri dishes, dried at 60 °C and weighed. Seagrass leaves per
 218 shoot were also dried at 60 °C and weighed. Percentage epiphyte biomass per shoot was
 219 calculated by comparing epiphyte weight with the corresponding seagrass shoot weight plus
 220 epiphyte weight.

221 2.6 Sediment sample processing

222 Surficial sediment cores were dried at 60 °C. One of the sediment samples per plot was used to
 223 measure grain size ($n=5$ per treatment) with an automated shaker at 90 rpm for 15 minutes with
 224 sieves of > 4, 4, 2, 1, 0.5, 0.25, 0.125, and < 0.062 mm diameter sizes. The other sediment
 225 sample for each plot was weighed to estimate sediment dry bulk density (DBD) and
 226 homogenized using a mortar and pestle ($n= 5$ per treatment). Living seagrass biomass and
 227 invertebrates found in the sediment samples were removed before further processing. A
 228 subsample of ~ 2 to 3 g of homogenized sediment was used to measure carbon content by Loss
 229 on Ignition (LOI) (Heiri et al. 2001). Pre-weighed crucibles were placed in a muffle furnace at
 230 550 °C for 4 h, allowed to cool in a desiccator and weighed. Crucibles were then reinserted at
 231 950 °C for 2 h, allowed to cool and weighed again. Acidified and non-acidified subsamples of
 232 homogenized surficial sediment were used for isotopic analyses. To remove carbonates from the
 233 sediment prior to carbon isotopic analysis, ~ 14 ml of 10 % HCl was added to ~ 1 ml of
 234 homogenized sediment from each sample, allowed to react for 48 h at room temperature and
 235 rinsed twice using a centrifuge at 5,000 rpm and distilled water. Acidified sediment samples
 236 were then dried at 60 °C and homogenized.

237 2.7 Carbon content and sources

238 We carried out isotopic analyses on non-acidified seagrass biomass from the three species found
 239 for both $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$, non-acidified sediment samples for $\delta^{15}\text{N}$, and acidified sediment samples
 240 for $\delta^{13}\text{C}$. Dried above and below ground non-acidified biomass samples for each species from
 241 the biomass cores were homogenized and loaded onto tin capsules for stable isotope analyses and

242 carbon content estimation. For seagrass biomass, we measured elemental composition (%) of
 243 carbon and nitrogen concurrently with isotopic analyses of the non-acidified biomass. For *T.*
 244 *testudinum* we analyzed one sample of above ground and one for below ground biomass from
 245 each core sampled ($n=5$ for each per treatment). For *S. filiforme* we were only able to analyze
 246 three samples of above ground ($n=3$ per treatment) and two samples of below ground material
 247 ($n=2$ per treatment). For *H. wrightii* we were only able to analyse one sample of above ground
 248 and one of below ground biomass, which were only found in the control plots ($n=1$ for each
 249 within controls). Unacidified homogenized sediment was loaded onto tin capsules for $\delta^{15}\text{N}$
 250 measurement ($n=5$ per treatment). Acidified homogenized sediment was loaded onto tin capsules
 251 for $\delta^{13}\text{C}$ analysis ($n=5$ per treatment). Isotopic analyses were carried out at the University of
 252 California Davies Stable Isotope Facility.

253 Carbon percentage was measured as part of the stable isotope analyses for above and below
 254 ground biomass. To calculate biomass C_{org} pools, we estimated mean above and below ground
 255 biomass C_{org} content (% DW) for each seagrass species and related them to the biomass (g DW
 256 m^{-2}) of each. To estimate sediment C_{org} pools, we first calculated organic and inorganic matter
 257 from the variation in sediment sample weight during the LOI process (Heiri et al., 2001).
 258 Sediment C_{org} content (% DW) was then calculated using the following equation (Fourqurean et
 259 al., 2012; Howard et al., 2014): $\% \text{C}_{\text{org}} = 0.40 * \% \text{LOI}_{550} - 0.21$. Sediment inorganic carbon
 260 (C_{inorg}) content (% DW) was calculated using (Heiri et al., 2001): $\% \text{C}_{\text{inorg}} = \% \text{LOI}_{950} * 1.36$.
 261 Surficial sediment C_{org} and C_{inorg} pools (Mg ha^{-1}) were calculated by relating carbon content (%)
 262 to the sediment dry bulk density and standardized to a 10 cm depth interval.

263 To analyze the origin of C_{org} in surficial seagrass sediment we considered three potential sources
 264 from samples collected in the area: seagrasses, suspended matter, and mangroves. Mean biomass
 265 isotopic values for all seagrass species in this study (-7.8 ± 1.5 ‰ $\delta^{13}\text{C}$ and 1.9 ± 1.0 ‰ $\delta^{15}\text{N}$,
 266 $n=32$) were used in the mixing model. Suspended matter values used were -16.4 ± 5.0 ‰ $\delta^{13}\text{C}$
 267 and 5.2 ± 0.5 ‰ $\delta^{15}\text{N}$ from Cahuita (Samper-Villarreal et al., unpublished data). Mangrove values
 268 were -31.3 ± 2.1 ‰ $\delta^{13}\text{C}$ and 4.0 ± 1.0 ‰ $\delta^{15}\text{N}$ from a mangrove further south on the Caribbean
 269 coast (Samper-Villarreal et al., unpublished data).

270 2.8 Data analysis

271 We analyzed variability of biomass, density, sediment C_{org} and grain size, and stable isotope and
 272 elemental composition between controls and exclosures at the end of the exclusion period using
 273 t-tests (de Winter, 2013). To account for interdependence of samples collected within the same
 274 sampling date and individual plots we used linear mixed effects models with the packages lme4
 275 (Bates et al., 2015) and lmerTest (Kuznetsova et al., 2017) to analyze potential variation of
 276 seagrass cover per species and maximum canopy height during the exclusion time period,
 277 biomass, density and leaf metrics at the beginning and at the end of the exclusion time period,
 278 and for leaf metrics between the two treatments following the exclusion time period. The simmr
 279 package (Parnell, 2021) was used for the carbon sources mixing model. Normality was checked
 280 visually and all analyses were done in R v.4.2 (R Core Team, 2021).

281 **3 Results**282 **3.1 Seagrass response during megaherbivore exclusion**

283 Over the 13 months of megaherbivore exclusion, seagrass maximum canopy height increased
 284 over time within the exclosures ($\chi^2_{(1)}=19.7, p<0.001$) while it remained steadily low in the
 285 controls ($\chi^2_{(1)}=1.8, p=0.2$, Figure 2). Total seagrass cover also increased during the exclusion
 286 time period within the exclosures ($\chi^2_{(1)}=18.1, p<0.001$), while it actually decreased in the control
 287 plots ($\chi^2_{(1)}=16.5, p<0.001$ respectively; Figure 2) which remained exposed to megaherbivore
 288 grazing. Seagrass cover responded differently during the time of megaherbivore exclusion for the
 289 three species found. Cover of *T. testudinum* increased over time within the exclosures ($\chi^2_{(1)}=16.3,$
 290 $p<0.001$), while it decreased in the control plots ($\chi^2_{(1)}=23.4, p<0.001$; Figure 3). In contrast,
 291 cover of *S. filiforme* remained similar over time within exclosures ($\chi^2_{(1)}=1.6, p=0.2$) and control
 292 plots ($\chi^2_{(1)}=0.3, p=0.6$; Figure 3). Similar to *S. filiforme*, *H. wrightii* cover did not vary over time
 293 within the exclosures ($\chi^2_{(1)}=0.2, p=0.7$) or control plots ($\chi^2_{(1)}=1.0, p=0.3$; Figure 3).

294 **3.2 Seagrass response to megaherbivore exclusion**

295 We sampled seagrass biomass cores in each of the exclosures and controls at the time of
 296 deployment and after the megaherbivore exclusion time period. We were therefore able to
 297 compare seagrass biomass and canopy complexity for those two sampling dates and treatments.
 298 When comparing seagrasses at the beginning and after 13 months of megaherbivore exclusion,
 299 we found larger leaves overall within exclosures at the end of the megaherbivore exclusion time
 300 period ($\chi^2_{(1)}=10.4, p<0.01$; Figure 4). *Thalassia testudinum* leaf length ($\chi^2_{(1)}=11.3, p<0.001$) and
 301 width ($\chi^2_{(1)}=17.6, p<0.001$) were higher within exclosures following megaherbivore exclusion
 302 (Figure 4). Meanwhile, we found overlapping values overall for biomass and density (Figure 4),
 303 without any statistically significant differences for total ($\chi^2_{(1)}=2.6, p=0.1$), above ground
 304 ($\chi^2_{(1)}=0.3, p=0.6$; Figure 4) and below ground ($\chi^2_{(1)}=0.3, p=0.6$; Figure 4) biomass or shoot
 305 density ($\chi^2_{(1)}=1, p=1$; Figure 4).

306 At the sampling following the exclusion period, above ground biomass was higher in the
 307 exclosures compared to the controls, while total and below ground biomass did not vary between
 308 the two treatments (Table 1). During exclosure removal, only *T. testudinum* and *S. filiforme* were
 309 found in both exclosures and controls, while *H. wrightii* was not found within exclosures (Table
 310 1). *Thalassia testudinum* above ground biomass was two-times higher within exclosures; while
 311 its below ground biomass was similar between exclosures and controls (Table 1, Figure 4). There
 312 was no variation in above or below ground biomass between exclosures and controls for *S.*
 313 *filiforme* (Table 1). Average detritus biomass in exclosures (314 ± 272 g DW m⁻²) was similar to
 314 the controls (330 ± 187 g DW m⁻²; $t_{(8)}=-0.1, p=0.9$). Benthic macroalgae were not found in the
 315 exclosures and their biomass was 0.4 ± 0.9 g DW m⁻² in the controls.

316 At the end of the megaherbivore exclusion period, seagrass leaves were clearly longer and wider
 317 within the exclosures compared to the controls (Table 1). *Thalassia testudinum* leaves were
 318 longer, wider, had more leaves per shoot and leaf area per shoot was almost eight times larger
 319 within exclosures compared to controls (Table 1, Figure 4). *Syringodium filiforme* leaves were
 320 longer but not wider, and did not have more leaves or area per shoot in the exclosures compared
 321 to the controls (Table 1). Leaf productivity of *T. testudinum* at the time of exclosure removal was
 322 about two-times higher within the exclosures (2.0 ± 0.7 mg DW shoot⁻¹ day⁻¹, $n=5$) compared to

323 the controls (0.7 ± 0.2 mg DW shoot⁻¹ day⁻¹, $n=5$; $t_{(8)}=4.4$, $p<0.01$). In contrast, total shoot
324 density was similar in exclosures and controls (Table 1).

325 Following the exclusion period, C_{org} content (% DW) in seagrass biomass overall was 35.6 ± 1.5
326 % ($n=15$) within exclosures, which was higher than the 34.8 ± 2.1 % ($n=17$) found in controls
327 ($\chi^2_{(1)}=3.9$, $p=0.047$). *Thalassia testudinum* had higher C_{org} content (% DW) in above and below
328 ground biomass in the exclosures compared to the controls (Table 2). In contrast, C_{org} content in
329 above and below ground biomass of *S. filiforme* was similar between exclosures and controls
330 (Table 2).

331 Above ground biomass pools in the exclosures were 1.2 ± 0.2 Mg C_{org} ha⁻¹; while the controls
332 had about half of that with 0.6 ± 0.2 Mg C_{org} ha⁻¹ ($t_{(8)}=4.3$, $p<0.01$). Below ground biomass pools
333 in the exclosures contained 0.9 ± 0.5 Mg C_{org} ha⁻¹ which was similar to the pool in the controls of
334 0.8 ± 0.3 Mg C_{org} ha⁻¹ ($t_{(8)}=0.4$, $p=0.7$). Total biomass C_{org} pools in the exclosures of 2.1 ± 0.7
335 Mg C_{org} ha⁻¹ were marginally similar to the 1.4 ± 0.3 Mg C_{org} ha⁻¹ in the controls ($t_{(8)}=2.0$,
336 $p=0.08$).

337 Biomass $\delta^{13}\text{C}$ in exclosures (-8.0 ± 1.4 ‰, $n=15$) was more negative than in the controls ($-7.7 \pm$
338 1.6 ‰, $n=17$; $\chi^2_{(1)}=9.5$, $p<0.01$). Above and below ground biomass of *T. testudinum* had enriched
339 $\delta^{13}\text{C}$ values in the controls compared to the exclosures (Table 2). Below ground biomass of *S.*
340 *filiforme* also had enriched $\delta^{13}\text{C}$ values in the controls compared to the exclosures, while there
341 was no variation between them for above ground biomass (Table 2).

342 Nitrogen content (% DW) in seagrass was similar between exclosures and controls. Biomass
343 contained 2.4 ± 1.2 % nitrogen within exclosures ($n=15$), which was similar to the 2.2 ± 1.2 %
344 ($n=17$) found in controls ($\chi^2_{(1)}=0.2$, $p=0.6$). Nitrogen content of *T. testudinum* in below ground
345 biomass was similar between exclosures and controls (Table 2). Meanwhile, above ground
346 biomass had marginally significant higher nitrogen content in controls compared to the
347 exclosures (Table 2). Nitrogen content in *S. filiforme* biomass was similar between exclosures
348 and controls (Table 2).

349 Total biomass $\delta^{15}\text{N}$ was 2.0 ± 1.3 ‰ ($n=15$) in exclosures and 1.9 ± 0.7 ‰ ($n=17$) in controls,
350 and did not vary between them ($\chi^2_{(1)}=0.01$, $p=0.8$). Above and below ground biomass of *S.*
351 *filiforme* and below ground biomass of *T. testudinum* had similar $\delta^{15}\text{N}$ in the exclosures and
352 controls (Table 2). In contrast, above ground biomass of *T. testudinum* had enriched $\delta^{15}\text{N}$ values
353 in the exclosures compared to the controls (Table 2).

354 There was evidence of grazing on all *S. filiforme* leaves both in the exclosures and the controls.
355 Leaves of *S. filiforme* were not considered to have been subjected to breakage as this is a
356 hydrodynamically calm area of the meadow and there are much longer leaves of *S. filiforme*
357 without evidence of breakage in higher energy areas nearby (JSV pers. obs.). Leaves of *T.*
358 *testudinum* showed evidence of herbivory on ~ 50 % of their tips, both in the exclosures and the
359 controls. Grazing evidence on leaves consisted mainly of shredded leaf tips and some leaf
360 scraping. Elliptical bite marks were not found in either exclosures or controls. Rounded leaf tips
361 and leaf tip senescence were found on leaves inside the exclosures and in the controls (Table 3).
362 Epiphytes on *T. testudinum* were only found within the exclosures and were dominated by
363 crustose coralline algae (CCA). Seagrass dry weight per *T. testudinum* shoot was 0.05 ± 0.02 g

364 ($n=15$) and epiphyte dry weight per shoot was 0.01 ± 0.007 g ($n=15$). Epiphytes represented $17 \pm$
 365 7 % of the total weight per shoot.

366 3.3 Sediment response to megaherbivore exclusion

367 There was a net increase in C_{org} stored in the sediment within the exclosures. Following the 13-
 368 month deployment period, the increase in mean relative surficial sediment level within the
 369 exclosures ranged from 1.7 to 4.4 cm higher than the level outside of the exclosures. Percentage
 370 C_{org} in the surficial sediment of the exclosures was 1.9 ± 0.3 %, similar to the C_{org} of 2.1 ± 0.3 %
 371 in the controls ($t_{(8)}=-1.0$, $p=0.3$). Sediment C_{org} pools standardized to 10 cm depth were $20.5 \pm$
 372 2.7 Mg ha⁻¹ in the exclosures, similar to the C_{org} pools of 21.2 ± 2.8 Mg ha⁻¹ in the controls ($t_{(8)}=-$
 373 0.4 , $p=0.7$). Percentage C_{inorg} in the sediment of the exclosures was 31.3 ± 0.9 %, similar to 30.4
 374 ± 1.8 % C_{inorg} found in the controls ($t_{(8)}=1.0$, $p=0.3$).

375 Sediment dry bulk density (DBD) within megaherbivore exclosures was 1.1 ± 0.1 g ml⁻¹ ($n=5$),
 376 similar to the density of 1.0 ± 0.1 g ml⁻¹ ($n=5$) found in the controls ($t_{(8)}=1.0$, $p=0.3$). Sediment
 377 grain size was similar between exclosures and controls, except for higher pebble content within
 378 exclosures and higher percentage of coarse sand in the controls (Table 4). Fine sand was
 379 marginally higher in the exclosures compared to the controls ($p=0.07$, Table 4). In the field, we
 380 noted dead coral fragments of more than ~ 10 cm on the sediment surface within the exclosures
 381 (JSV pers. obs.), which were not included in the grain size analysis.

382 Sediment $\delta^{13}C$ was -17.6 ± 0.6 ‰ within exclosures, which was marginally depleted compared to
 383 the -16.6 ± 0.6 ‰ found in controls ($t_{(8)}=-2.2$, $p=0.055$, Figure 5). Sediment nitrogen content was
 384 0.05 ± 0.01 % within exclosures, similar to the 0.06 ± 0.01 % in controls ($t_{(8)}=-0.7$, $p=0.5$).
 385 Sediment $\delta^{15}N$ was 3.5 ± 0.2 ‰ within exclosures and 3.3 ± 0.3 ‰ in controls, and did not vary
 386 between them ($t_{(8)}=1.4$, $p=0.2$; Figure 5). The three-source stable isotope mixing models revealed
 387 a contribution from seagrass sources of 41% to the C_{org} in the sediment within the exclosures and
 388 48 % in controls. Meanwhile, non-seagrass sources included in the model (mangrove and
 389 suspended matter) contributed 59 % to the C_{org} in the sediment in exclosures and 53 % in the
 390 controls.

391 3.4 Seagrass response after exclosure removal

392 Megaherbivore exclosures were removed during a full day of field work. At the end of the work
 393 day the areas where the exclosures had been removed were clearly identifiable due to more
 394 complex seagrass canopies compared to the controls and surrounding seagrasses (Figure 1). The
 395 site was visited early the next morning and again two weeks after exclosure removal and the
 396 canopy complexity showed an immediate marked decline, with seagrasses that were within the
 397 exclosures no longer discernable from the controls (JSV pers. obs., Figure 1).

398 4 Discussion

399 A tropical seagrass meadow in the southern Caribbean coast of Costa Rica has been monitored
 400 since 1999, revealing a marked decline in canopy structural complexity. This decline in leaf
 401 length, width and seagrass biomass, has not been caused by diminished water quality. Here, for
 402 the first time, we provide evidence that grazing by megaherbivores is the key factor leading to

403 the decline of seagrass canopy complexity at this site. We found higher biomass and sediment
 404 C_{org} pools in more complex canopies protected from megaherbivory, and therefore highlight the
 405 need for conservation and management initiatives to protect and increase the carbon
 406 sequestration capacity and other ecosystem services provided by these meadows.

407 **4.1 Seagrass canopy**

408 The release of seagrasses from megaherbivore grazing within the exclosures at Cahuita led to
 409 much larger canopies. Thanks to long-term seagrass monitoring efforts we know that seagrass
 410 canopy complexity and biomass have decreased over time at this meadow. Leaf length of *T.*
 411 *testudinum* decreased from 18 cm in the year 2000 to only 3 cm by 2015; meanwhile leaf width
 412 decreased from 10 mm to 6 mm in that period (Fonseca E. et al., 2007; Loría-Naranjo et al.,
 413 2018). By the end of our study in 2019, *T. testudinum* in the control plots had a leaf length of
 414 only 2 cm and width of 5 mm, revealing a continued decline of leaf size. Diminished water
 415 quality is a key stressor for seagrasses which can cause a decline in canopy complexity, seagrass
 416 degradation, and can ultimately lead to seagrass loss (Waycott et al., 2005; Orth et al., 2006).
 417 This site has been under siltation stress for decades (Cortés and Risk, 1985; Cortés et al., 2010),
 418 yet water conditions are not considered to be causing the recent decline in canopy complexity
 419 (Samper-Villarreal et al., 2021). We know that decreases in seagrass leaf length and width can
 420 also occur from megaherbivore grazing (Moran and Bjorndal, 2005; Fourqurean et al., 2010). By
 421 protecting seagrasses from megaherbivory for 13 months at this site we found a marked increase
 422 in seagrass canopy complexity within exclosures, thereby revealing megaherbivore grazing as
 423 the key factor leading to recent seagrass decline at this site.

424 Other studies on megaherbivore grazing on seagrass meadows have also found higher canopy
 425 complexity when protected from herbivory. In the Caribbean, a one year sea turtle exclusion
 426 experiment also led to increased canopy structural complexity, with longer and wider *T.*
 427 *testudinum* leaves within exclosures in Bermuda (Fourqurean et al., 2010). In grazed meadows of
 428 the United States Virgin Islands (USVI), *T. testudinum* leaves were also wider after three months
 429 of sea turtle exclusion (Williams, 1988). In the Indian Ocean, seagrass leaves were longer and
 430 wider at meadows under lower grazing pressure along a natural sea turtle grazing gradient (Lal et
 431 al., 2010). Meanwhile, in Australia, exclusion of megaherbivores for three months led to higher
 432 seagrass leaf length within exclosures compared to grazed controls (Scott et al., 2020, 2021a).
 433 Despite a clear increase in leaf length and width after 13 months of exclusion of megaherbivore
 434 grazing in our study, shoot densities did not vary between exclosures and controls. This lack of
 435 variation in shoot density was also found in the USVI, following three months of sea turtle
 436 exclusion (Williams, 1988) and after simulated grazing in the Bahamas (Moran and Bjorndal,
 437 2005). In contrast, excessive grazing led to lower shoot densities in Bermuda (Fourqurean et al.,
 438 2010), in the Indian Ocean (Lal et al., 2010), and at one site with intensive grazing in the Great
 439 Barrier Reef (Scott et al., 2020). This indicates that the exclusion time period in our study was
 440 enough to note changes in leaf length and width but might not have been enough to identify
 441 changes in shoot density.

442 Following the megaherbivore exclusion period at our site, above ground biomass was two-times
 443 higher within exclosures, thereby coinciding with the findings from different studies in which
 444 seagrasses are released from sea turtle grazing. Increased above ground biomass was higher in
 445 Bermuda in seagrasses when protected from megaherbivore grazing (Fourqurean et al., 2010).

446 Above ground biomass of seagrasses was also higher when sea turtle grazing pressure was lower
 447 along a grazing gradient in the Indian Ocean (Lal et al., 2010) and after megaherbivore exclusion
 448 in Australia (Scott et al., 2020, 2021a). While above ground biomass clearly increases when
 449 released from megaherbivore grazing, below ground biomass can remain similar. In our study,
 450 we did not find differences in below ground biomass between exclosures and controls. Below
 451 ground biomass was also similar between exclosures and controls in Bermuda when protected
 452 from excessive grazing (Fourqurean et al., 2010). Furthermore, simulated grazing did not have
 453 an effect on below ground biomass in the Bahamas (Moran and Bjorndal, 2005). In addition,
 454 exclusion of megaherbivores did not have an effect on below ground biomass in mainland
 455 Australia (Scott et al., 2021a). In contrast, in the Great Barrier Reef (GBR), below ground
 456 biomass declined at a site exposed to intensive grazing (Scott et al., 2020). Seagrasses are plants
 457 that live anchored to the benthos by a network of rhizomes and roots buried in the sediment,
 458 photosynthesizing in their above ground biomass and storing the products in their non-
 459 photosynthetic biomass below the sediment. Sea turtles usually feed on new leaf tissue and only
 460 consume rhizomes once leaves are scarce (Christianen et al., 2014, 2021). Thus, a decline in
 461 seagrass below ground biomass may be indicative of grazing levels at which sufficient above
 462 ground biomass cannot be maintained via leaf production.

463 At our site, leaf growth appears to be enough to sustain grazing of only above ground biomass at
 464 the time of our study. Seagrass response to grazing may include increased leaf production using
 465 their stored reserves (Valentine and Duffy, 2006). Leaf production as a response to simulated
 466 grazing of *T. testudinum* has been previously found (Moran and Bjorndal, 2005). Leaf
 467 productivity of *T. testudinum* in our study was about two times higher within exclosures
 468 compared to controls. Leaf production rates of *T. testudinum* were also higher within exclosures
 469 compared to controls which continued to be grazed in Bermuda and the USVI (Williams, 1988;
 470 Fourqurean et al., 2010). However, there is great variability in *T. testudinum* leaf productivity
 471 among the CARICOMP monitoring stations in the Caribbean, which has been linked to
 472 variations in environmental conditions at each site (van Tussenbroek et al., 2014). It is also
 473 possible that our leaf productivity values in the controls are an underestimation of actual leaf
 474 production, as it is likely that some of the newly produced material would have been consumed
 475 by megagrazers during the seven days in the field prior to shoot collection. Therefore, studying
 476 potential spatial and temporal variability in leaf productivity as well as quantifying grazing rates
 477 is needed to assess actual leaf production.

478 We did not find any flowering shoots at the beginning or end of our study. The lack of flowering
 479 within exclosures might be due to the synchronized nature of flowering early in the year at this
 480 site (Nielsen-Muñoz and Cortés, 2008; Samper-Villarreal et al., 2020b). In the Caribbean, *T.*
 481 *testudinum* has developed synchronized flowering strategies linked to predation of reproductive
 482 structures by fish (van Tussenbroek et al., 2008). Meanwhile, flowering has been shown to
 483 decrease in seagrasses under greater sea turtle grazing in the Indian Ocean (Lal et al., 2010). At
 484 this time, further studies at a higher temporal resolution are needed to understand the effect of
 485 grazing on flowering at this meadow.

486 4.2 Seagrass biomass and sediment carbon pools

487 Following 13 months of megaherbivore exclusion, above ground biomass C_{org} pools increased
 488 within the exclosures while below ground biomass C_{org} pools remained similar between
 489 exclosures and controls. In our study, *T. testudinum* biomass had higher C_{org} content (%) in the

490 exclosures compared to the controls. In contrast, megaherbivore exclusion in Bermuda did not
 491 increase *T. testudinum* leaf C_{org} content within exclosures compared to controls (Fourqurean et
 492 al., 2010). In our study, higher *T. testudinum* C_{org} content combined with higher above ground
 493 biomass led to a two-fold increase in above ground biomass C_{org} pools ($Mg C_{org} ha^{-1}$) in the
 494 exclosures compared to controls. Above ground biomass C_{org} pools in both exclosures and
 495 controls at this Caribbean site were higher than on the Pacific coast of Costa Rica (Samper-
 496 Villarreal and Cortés, 2020; Samper-Villarreal et al., 2020a, 2022). This is most likely due to the
 497 presence of much smaller seagrass species on the Pacific coast. Compared to other meadows also
 498 dominated by *T. testudinum*, above ground biomass C_{org} pools were higher than meadows in
 499 Florida (Armitage and Fourqurean, 2016) and were within ranges for meadows in Mexico
 500 (Herrera-Silveira et al., 2020). The variation found in above ground biomass C_{org} pools in
 501 meadows of similar species may be linked to the great spatial variability in seagrass biomass
 502 among meadows in the Caribbean (van Tussenbroek et al., 2014). Above and below ground
 503 biomass of *T. testudinum* at our site had enriched (less negative) $\delta^{13}C$ values in the controls
 504 compared to the exclosures in our study. Seagrass leaf $\delta^{13}C$ is enriched at higher irradiance levels
 505 (Durako and Hall, 1992; Fourqurean et al., 2019). Enrichment of $\delta^{13}C$ coincides with lower
 506 structural complexity in the controls and therefore most likely higher light availability, yet light
 507 availability was not measured in the field.

508 There was a net increase in sediment C_{org} pools within the exclosures compared to controls due
 509 to an increase in the surficial sediment level within exclosures, while sediment C_{org} content (%)
 510 remained similar between treatments. More complex canopies decrease water flow and increase
 511 the deposition of suspended particles, thereby increasing vertical accretion of seagrass sediment
 512 (Kennedy et al., 2010). Short and long-term sediment accumulation rates within seagrass
 513 meadows dominated by *T. testudinum* in the Colombian Caribbean range between 0.04 and 0.7
 514 $cm yr^{-1}$ (Serrano et al., 2021). Meanwhile, sediment accretion over the summer from
 515 experimental eelgrass transplantation in the Wadden Sea was 0.5 to 0.7 cm (Bos et al., 2007). At
 516 our site in 13 months within exclosures, the relative sediment level increased up to 4.4 cm,
 517 however long-term accretion rates at this site will be subject to compaction and they remain
 518 unknown at this time. C_{org} content (%) in the surficial sediment at our tropical study site was
 519 similar to the reported 2 % C_{org} for seagrass sediment globally (Fourqurean et al., 2012), similar
 520 to the Pacific coast of Costa Rica (Samper-Villarreal et al., 2018a, 2020a, 2022; Samper-
 521 Villarreal and Cortés, 2020), and higher than meadows also dominated by *T. testudinum* in the
 522 Caribbean coast of Colombia (Serrano et al., 2021); thus indicating effective C_{org} sequestration in
 523 seagrass sediment at our site. Similar to our findings, sediment C_{org} content did not decrease at a
 524 simulated grazing experiment in the Bahamas which maintained canopy structural complexity
 525 low over 16 months in clipped plots (Moran and Bjorndal, 2005, 2007). Meanwhile, a shading
 526 and clipping experiment in Tanzania led to lower C_{org} and higher erosion in surficial sediment of
 527 clipped plots (Dahl et al., 2016). Seagrass loss due to excessive urchin grazing also led to erosion
 528 of the top 30 cm of the barren sediment in a temperate Australian meadow (Carnell et al., 2020).
 529 Hydrodynamic regime can influence sediment C_{org} content in seagrass meadows, with lower C_{org}
 530 at more dynamic locations overall (Mazarrasa et al., 2018). The Caribbean has a very low tidal
 531 range, with under 50 cm change at our study site; while the locations in Africa and Australia
 532 mentioned above are exposed to tidal ranges of over 3 m. Hydrodynamic conditions and their
 533 potential interactions with canopy complexity may be a factor influencing the effect of
 534 diminished canopy complexity on C_{org} in seagrass sediment that should be further explored.

535 We anticipated that sediment within the exclosures would contain more C_{org} than controls from
 536 an increase in input of C_{org} from both allochthonous and autochthonous sources. Seagrass
 537 canopies promote the deposition of suspended particles in the sediment (Koch et al., 2006) and
 538 about ~ 50 % of C_{org} from seagrasses is retained within the sediment (Kennedy et al., 2010). In
 539 Colombia, seagrass contribution to the sediment was slightly lower than at our site (Serrano et
 540 al., 2021). The three-source stable isotope mixing model in our study revealed similar
 541 contributions to the sediment in the exclosures and controls. This indicates that there is a net
 542 increase in the quantity of C_{org} within exclosures without a marked variation in the proportion of
 543 autochthonous and allochthons sources, though it might take longer than 13 months for marked
 544 autochthonous carbon input.

545 Sediment composition and crustose coralline algae (CCA) epiphytes may be playing a role in
 546 sediment accretion within exclosures at our site. In our study, sediment grain size was similar
 547 between exclosures and controls overall, yet in the field we noted large pieces of coral rubble (~
 548 10 cm and larger) inside the exclosures. The burial of large carbonate fragments within seagrass
 549 sediment might play a role in vertical accretion that we did not capture in our study. Meanwhile,
 550 epiphytic CCA contributed up to 0.6 cm yr⁻¹ in the sediment accretion rate in temperate meadows
 551 in Australia (Walker and Woelkerling, 1988). At our study site, a total of 26 species from
 552 different functional algal groups have been reported to occur as epiphytes on *T. testudinum*
 553 (Samper-Villarreal et al., 2008). We did not find any epiphytes on *T. testudinum* leaves in the
 554 controls. However, there were abundant CCA on the leaves in the exclosures, representing ~ 20
 555 % of the total weight per shoot. In contrast, after three months of herbivore exclusion in the
 556 GBR, there was no change in epiphyte abundance, potentially due to low epiphyte loads over all
 557 (Scott et al., 2021a). Repeated grazing by green sea turtles (*C. mydas*) on seagrass leaves crops
 558 them to several centimeters above sediment level, which leads to newer leaf tissue with lower
 559 calcareous epiphyte content (Bjorndal, 1980). Furthermore, smaller grazers can feed directly on
 560 algal epiphytes on seagrass leaves (Valentine and Duffy, 2006). The diversity, abundance and
 561 grazing rate of epiphytic grazers is currently unknown at this study site and requires further
 562 study.

563 4.3 Seagrass grazers

564 While it was clear from our study that seagrasses were grazed outside of the exclosures the
 565 identity of seagrass grazers at Cahuita remains unclear. There are a multitude of seagrass grazers,
 566 from small invertebrates to megaherbivores (Valentine and Duffy, 2006). In the GBR, grazing by
 567 macro and mesoherbivores can influence seagrass canopy complexity, yet their impact can vary
 568 spatially and temporally (Scott et al., 2021a, 2021b). On a subtropical eelgrass meadow, five-
 569 weeks of exclusion showed that smaller grazers can lead to an increase in seagrass epiphytes,
 570 while exclusion of grazers such as small fish and shrimp led to increased seagrass cover, shoot
 571 height and density and exclusion of megaherbivores such as large fish, sea turtles and dugongs
 572 did not show an effect on the meadows (Ebrahim et al., 2014). Our exclosures were constructed
 573 to protect seagrasses from grazers larger than the 15 cm square openings. We did not see
 574 parrotfish and sea urchins during the study (JSV pers. obs.), though they were previously
 575 common at this meadow and other meadows on the southern Caribbean coast of Costa Rica
 576 (Alvarado et al., 2004). At our site, we did not find elliptical bite marks on seagrass leaves, and
 577 most of the grazing evidence consisted of shredded leaf tips. It is common to see green turtles
 578 (*Chelonia mydas*) at the study site, particularly late in the afternoon (JSV and JMR pers. obs.).

579 Therefore, we strongly suspect sea turtles are the key megaherbivore grazers at this site. This is
580 also supported by the presence of a transition zone of ~ 10 cm at the sides of the exclosures
581 where seagrasses were cropped to heights similar to the control plots (see Figure 1). This
582 indicates that the exclosures still allowed some grazing at the top and sides of the exclosures,
583 which could be from where sea turtles could place their head inside. This indicates that the
584 maximum leaf lengths found in our study from megaherbivore exclusion might be an
585 underestimation of complete exclusion from megaherbivore grazing and further studies are
586 needed both to directly identify seagrass grazers and to provide adequate grazing rate estimates.

587 4.4 Implications

588 This study provides novel blue carbon data from an understudied region, contributing to further
589 understand the role of seagrass structural complexity and grazing dynamics on carbon storage.
590 We found that releasing seagrasses from megaherbivore grazing led to an increase in seagrass
591 canopy structural complexity and blue carbon pools. The reported values however may be
592 underestimations of the maximum C_{org} storage they could reach at this site. *Thalassia testudinum*
593 is the largest species found in Costa Rica (Samper-Villarreal et al., 2018b) and it is the climax
594 seagrass found in the Caribbean (van Tussenbroek et al., 2010). Following 13 months of
595 megaherbivore exclusion, *T. testudinum* leaf length and width increased dramatically within the
596 exclosures compared to controls. However, leaves within exclosures were still not as long or
597 wide as found two decades prior at Cahuita (Fonseca E. et al., 2007) or at other locations in the
598 Caribbean (Hackney and Durako, 2004). Our findings clearly identify grazing by
599 megaherbivores as the key factor influencing the decline in seagrass canopy complexity in recent
600 years at this site.

601 Sea turtle populations in the Caribbean have been increasing thanks to conservation efforts. The
602 largest rookery of *C. mydas* in the Atlantic is found on the northern Caribbean coast of Costa
603 Rica and has a positive population trend (Bjorndal et al., 1999; Troëng and Rankin, 2005).
604 Seagrasses evolved under grazing pressures from large sea turtle populations (Jackson et al.,
605 2001; Bjorndal and Bolten, 2003); however, seagrass meadows are now threatened by a
606 multitude of local, regional, and global anthropogenic stressors (Orth et al., 2006; Waycott et al.,
607 2009). Therefore, current seagrass meadows may not be able to sustain previous grazing levels
608 (Bjorndal and Bolten, 2003). Evidence of this is that degradation and loss of seagrasses at many
609 locations from sea turtle overgrazing has occurred in recent times (Christianen et al., 2014,
610 2021). Furthermore, recovery from a barren state may be difficult and could need active
611 restoration efforts. Therefore, it is necessary to intervene meadows under excessive grazing in a
612 timely manner before they shift to a barren state (Christianen et al., 2021). Strategies to protect
613 seagrass from excessive grazing may include megaherbivore exclusion or physical deterrents,
614 such as increasing benthic coralline algae which protect seagrasses near the substrate (Leemans
615 et al., 2020; Christianen et al., 2021). Sea turtle grazing can also be influenced by interactions
616 with apex predators such as sharks (Heithaus et al., 2014). To prevent further decline or loss of
617 seagrasses from excessive megaherbivore grazing, seagrass conservation or restoration efforts
618 need to minimize anthropogenic stressors on seagrasses while at the same time taking into
619 consideration food web dynamics as part of their initiatives.

620 **5 Conflict of Interest**

621 The authors declare that the research was conducted in the absence of any commercial or financial
622 relationships that could be construed as a potential conflict of interest.

623 **6 Author contributions**

624 JSV, JC contributed to study conception, design and funding acquisition. JSV, JMR carried out fieldwork.
625 JSV collected and processed samples, carried out data analysis and developed the manuscript draft, tables
626 and figures. JMR, JC revised the manuscript draft. All authors approved the submitted manuscript.

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634 their support to carry out the project.

635 **10 Figure legends**

636 **Figure 1.** Field photos following 13 months of megaherbivore exclusion. (A) Exclosure
637 deployed in the seagrass meadow. (B) Seagrass immediately after exclosure removal at the time
638 of sample collection. The white dotted line highlights the transition zone near the side panels
639 within the exclosure. (C) Control plot at the seagrass site. Flagging tape marked the rebar at the
640 corners of the control plot and the productivity quadrats in the cages and controls marked in the
641 week prior to sample collection. Cahuita National Park, Limón, southern Caribbean coast of
642 Costa Rica.

643 **Figure 2.** Total seagrass cover and maximum canopy height within exclosures and controls over
644 13 months of megaherbivore exclusion at Cahuita, southern Caribbean coast of Costa Rica. The
645 dotted line marks an additional sampling two weeks after exclosures were removed. Results have
646 been jittered for visualization purposes.

647 **Figure 3.** Seagrass cover per species within exclosures and in the control plots over 13 months
648 of megaherbivore exclusion at Cahuita, southern Caribbean coast of Costa Rica. The dotted line
649 marks a sampling two weeks after the removal of the exclosures. Results have been jittered for
650 visualization purposes.

651 **Figure 4.** Seagrass above and below ground biomass, density, leaf area and *Thalassia testudinum*
652 leaf length and width within controls and exclosures at the start and end of 13 months of
653 megaherbivore exclusion at Cahuita, southern Caribbean coast of Costa Rica.

654 **Figure 5.** Sediment carbon and nitrogen isotopic values within exclosures and control plots
655 following 13 months of megaherbivore exclusion at Cahuita National Park, Costa Rica. Potential
656 sources used in the mixing models are also included in the graph for comparison.

657

Pre-print only

658 11 Tables

659 **Table 1.** Seagrass biomass (g DW m⁻²), density (shoots m⁻²), leaf length and width (cm) and area
 660 (cm²), and number of leaves per shoot within exclosures and control plots following 13 months
 661 of megaherbivore exclusion at Cahuita National Park, Costa Rica. Mean ± standard deviation.
 662 Number of samples is provided in parenthesis. Statistical comparison between cages and controls
 663 are provided for *Thalassia testudinum* and *Syringodium filiforme*. * $p < 0.05$. nd = no data. na =
 664 does not app

Seagrass	Exclosures	Controls	Statistical analysis
All			
Biomass	574.3 ± 199.5 (n=5)	407.5 ± 103.3 (n=5)	$t_{(8)}=1.7, p=0.1$
Above ground biomass	320.1 ± 57.7 (n=5)	170.8 ± 59.4 (n=5)	$t_{(8)}=4.0, p<0.01^*$
Below ground biomass	254.3 ± 159.2 (n=5)	236.7 ± 107.4 (n=5)	$t_{(8)}=0.2, p=0.8$
Shoot density	1,632 ± 969 (n=5)	1,592 ± 709 (n=5)	$t_{(8)}=0.1, p=0.9$
Leaf length	8.0 ± 4.9 (n=53)	2.4 ± 1.5 (n=44)	$\chi^2_{(1)}=18.2, p<0.001^*$
Leaf width	0.7 ± 0.3 (n=53)	0.4 ± 0.2 (n=44)	$\chi^2_{(1)}=18.6, p<0.001^*$
Leaf area	13.5 ± 11.2 (n=22)	1.9 ± 1.5 (n=22)	$\chi^2_{(1)}=11.2, p<0.001^*$
Number of leaves per shoot	2 ± 1 (n=22)	2 ± 1 (n=22)	$\chi^2_{(1)}=2.8, p=0.1$
<i>Thalassia testudinum</i>			
Above ground biomass	315.4 ± 57.8 (n=5)	170.1 ± 59.3 (n=5)	$t_{(8)}=3.9, p<0.01^*$
Below ground biomass	226.8 ± 150.5 (n=5)	232.8 ± 109.2 (n=5)	$t_{(8)}=-0.1, p=0.9$
Shoot density	1,154 ± 432 (n=5)	1,433 ± 552 (n=5)	$t_{(8)}=-0.9, p=0.4$
Leaf length	8.3 ± 5.1 (n=45)	2.4 ± 1.6 (n=35)	$\chi^2_{(1)}=16.4, p<0.001^*$
Leaf width	0.8 ± 0.2 (n=45)	0.5 ± 0.1 (n=35)	$\chi^2_{(1)}=21.8, p<0.001^*$
Leaf area	19.4 ± 8.4 (n=15)	2.6 ± 1.1 (n=15)	$\chi^2_{(1)}=15.7, p<0.001^*$
Number of leaves per shoot	3 ± 0 (n=15)	2 ± 1 (n=15)	$\chi^2_{(1)}=4.4, p=0.03^*$
<i>Syringodium filiforme</i>			
Above ground biomass	4.6 ± 7.1 (n=5)	0.6 ± 0.6 (n=5)	$t_{(8)}=1.3, p=0.2$
Below ground biomass	27.5 ± 45.1 (n=5)	2.1 ± 2.9 (n=5)	$t_{(8)}=1.3, p=0.2$
Shoot density	478 ± 654 (n=5)	159 ± 167 (n=5)	$t_{(8)}=1.0, p=0.3$
Leaf length	5.9 ± 3.2 (n=8)	3.0 ± 1.0 (n=5)	$\chi^2_{(1)}=4.4, p=0.04^*$
Leaf width	0.2 ± 0.2 (n=8)	0.1 ± 0.0 (n=5)	$\chi^2_{(1)}=0.9, p=0.3$
Leaf area	0.9 ± 0.4 (n=7)	0.4 ± 0.3 (n=4)	$\chi^2_{(1)}=3.0, p=0.08$
Number of leaves per shoot	1 ± 0 (n=7)	1 ± 0 (n=4)	$\chi^2_{(1)}=0.2, p=0.6$
<i>Halodule wrightii</i>			
Above ground biomass	nd	0.1 ± 0.2 (n=5)	na
Below ground biomass	nd	1.8 ± 4.1 (n=5)	na
Shoot density	nd	159 ± 356 (n=5)	na
Leaf length	nd	1.4 ± 0.6 (n=4)	na
Leaf width	nd	0.04 ± 0.01 (n=4)	na
Leaf area	nd	0.1 ± 0.0 (n=3)	na
Number of leaves per shoot	nd	1 ± 1 (n=3)	na

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667 **Table 2.** Stable isotope (‰) and elemental composition (%) of seagrasses biomass per species
 668 within exclosures and control plots following 13 months of megaherbivore exclusion at Cahuita
 669 National Park, Costa Rica. Mean \pm standard deviation. Statistical analyses between cages and
 670 controls are provided for *Thalassia testudinum* and *Syringodium filiforme*. Number of samples is
 671 provided in parenthesis. * $p < 0.05$. ** $p < 0.1$. nd=no data. na = does not apply.

Species	Exclosures	Controls	stats
<i>Thalassia testudinum</i>			
Above ground			
$\delta^{13}\text{C}$	-8.9 ± 0.5 (n=5)	-8.2 ± 0.3 (n=5)	$t_{(8)} = -3.3, p < 0.05^*$
$\delta^{15}\text{N}$	2.6 ± 0.5 (n=5)	1.9 ± 0.3 (n=5)	$t_{(8)} = 3.0, p < 0.05^*$
C _{org}	36.9 ± 0.4 (n=5)	35.4 ± 0.9 (n=5)	$t_{(8)} = 3.2, p < 0.05^*$
N	3.5 ± 0.1 (n=5)	3.7 ± 0.2 (n=5)	$t_{(8)} = -2.3, p = 0.05^{**}$
Below ground			
$\delta^{13}\text{C}$	-8.7 ± 0.3 (n=5)	-8.3 ± 0.2 (n=5)	$t_{(8)} = -2.8, p < 0.05^*$
$\delta^{15}\text{N}$	2.4 ± 1.4 (n=5)	1.2 ± 0.8 (n=5)	$t_{(8)} = 1.7, p = 0.1$
C _{org}	34.3 ± 1.5 (n=5)	32.1 ± 1.0 (n=5)	$t_{(8)} = 2.9, p < 0.05^*$
N	1.5 ± 1.3 (n=5)	1.0 ± 0.1 (n=5)	$t_{(8)} = 0.8, p = 0.5$
<i>Syringodium filiforme</i>			
Above ground			
$\delta^{13}\text{C}$	-6.0 ± 1.1 (n=3)	-5.3 ± 0.7 (n=3)	$t_{(4)} = -0.8, p = 0.5$
$\delta^{15}\text{N}$	1.4 ± 1.0 (n=3)	2.8 ± 0.5 (n=3)	$t_{(4)} = -2.2, p = 0.1$
C _{org}	35.8 ± 1.3 (n=3)	36.5 ± 1.0 (n=3)	$t_{(4)} = -0.7, p = 0.5$
N	2.8 ± 0.5 (n=3)	2.8 ± 0.5 (n=3)	$t_{(4)} = -0.1, p = 0.9$
Below ground			
$\delta^{13}\text{C}$	-6.8 ± 0.1 (n=2)	-6.0 ± 0.1 (n=2)	$t_{(2)} = -6.0, p < 0.05^*$
$\delta^{15}\text{N}$	0.2 ± 1.3 (n=2)	2.2 ± 0.4 (n=2)	$t_{(2)} = -2.1, p = 0.2$
C _{org}	34.9 ± 0.6 (n=2)	35.4 ± 0.8 (n=2)	$t_{(2)} = -0.7, p = 0.6$
N	1.1 ± 0.0 (n=2)	1.2 ± 0.2 (n=2)	$t_{(2)} = -0.3, p = 0.8$
<i>Halodule wrightii</i>			
Above ground			
$\delta^{13}\text{C}$	nd	-9.6 (n=1)	na
$\delta^{15}\text{N}$	nd	2.4 (n=1)	na
C _{org}	nd	37.7 (n=1)	na
N	nd	2.6 (n=1)	na
Below ground			
$\delta^{13}\text{C}$	nd	-10.8 (n=1)	na
$\delta^{15}\text{N}$	nd	1.9 (n=1)	na
C _{org}	nd	35.3 (n=1)	na
N	nd	0.7 (n=1)	na

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677 **Table 3.** Evidence of herbivory (%) on seagrass leaves within exclosures and control plots per
 678 species following a 13-month megaherbivore exclusion experiment at Cahuita National Park,
 679 Costa Rica. * Leaves could have more than one type of evidence of herbivory.

Evidence of herbivory *	<i>Thalassia testudinum</i>		<i>Syringodium filiforme</i>	
	Exclosures	Controls	Exclosures	Controls
Shredded leaf tip	44	46	100	100
Leaf scraping	16	3	0	0
Elliptical bite marks	0	0	0	0
Leaf tip senescence	9	3	0	0
Round leaf tip	49	54	0	0
<i>n</i>	45	35	5	8

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683 **Table 4.** Sediment grain size per particle size (%) within exclosures and control plots following
 684 13 months of megaherbivore exclusion at Cahuita National Park, Costa Rica. Mean \pm standard
 685 deviation. $n=5$ per treatment. * $p<0.05$. ** $p<0.1$.

Particle size (%)	Exclosures	Controls	stats
Pebbles (> 4 mm ϕ)	8.1 \pm 4.8	0.6 \pm 0.9	$t_{(8)}=3.5, p<0.05$ *
Very fine pebbles (2 to 4 mm ϕ)	4.2 \pm 2.5	3.4 \pm 1.9	$t_{(8)}=0.6, p=0.6$
Very coarse sand (1 to 2 mm ϕ)	9.2 \pm 3.9	13.5 \pm 4.5	$t_{(8)}=-1.6, p=0.1$
Coarse sand (0.5 to 1 mm ϕ)	10.9 \pm 3.7	17.6 \pm 2.3	$t_{(8)}=-3.4, p<0.05$ *
Medium Sand (0.25 to 0.5 mm ϕ)	25.1 \pm 3.7	25.7 \pm 2.3	$t_{(8)}=-0.3, p=0.8$
Fine sand (0.125 to 0.25 mm ϕ)	28.9 \pm 6.8	21.6 \pm 2.3	$t_{(8)}=2.3, p=0.07$ **
Very fine sand (0.062 to 0.125 mm ϕ)	12.5 \pm 3.5	15.9 \pm 4.1	$t_{(8)}=-1.4, p=0.2$
Silt-clay (< 0.062 mm ϕ)	1.1 \pm 0.7	1.6 \pm 0.8	$t_{(8)}=-1.0, p=0.4$

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688 **9** **References**

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