



Coffee (Coffea arabica L.) by-Products as a Source of Carotenoids and Phenolic Compounds—Evaluation of Varieties With Different Peel Color

Patricia Esquivel^{1*†}, María Viñas^{2†}, Christof B. Steingass^{3†}, Maike Gruschwitz⁴, Eric Guevara², Reinhold Carle^{4,5}, Ralf M. Schweiggert^{3†} and Víctor M. Jiménez^{2,6†}

¹ Escuela de Tecnología de Alimentos, Universidad de Costa Rica, San Pedro, Costa Rica, ² Grains and Seeds Research Center/Institute for Research in Agriculture (CIGRAS/IAA), Universidad de Costa Rica, San Pedro, Costa Rica, ³ Chair of Analysis and Technology of Plant-based Foods, Department of Beverage Research, Geisenheim University, Geisenheim, Germany, ⁴ Chair of Plant Foodstuff Technology and Analysis, Institute of Food Science and Biotechnology, University of Hohenheim, Stuttgart, Germany, ⁵ Biological Science Department, King Abdulaziz University, Jeddah, Saudi Arabia, ⁶ Food Security Center, University of Hohenheim, Stuttgart, Germany

Analysis of pulp and peels of Arabica coffee varieties with different external fruit color allowed the identification of 16 phenolic compounds using high-performance liquid chromatography with diode array detection and electrospray ionization multi-stage mass spectrometry (HPLC-DAD-ESI-MSⁿ). Nine chlorogenic acids, three flavan-3-ols, the xanthone mangiferin, the flavonol rutin and two anthocyanins were tentatively identified and quantified. 5-O-Caffeoylquinic acid together with a putative (epi)catechin hexoside were the predominant phenolics detected in the coffee varieties analyzed in this work. Whereas, 3- and 4-caffeoylquinic acids, as well as 5-O-feruloylquinic acid were consistently found in higher quantities in the pulp than in the peels when individual varieties were compared, the opposite was found for the other phenolic compounds detected. Complementary, GC-MS after alkaline hydrolysis and trimethylsilylation permitted the identification of more than 30 constituents, including phenolic compounds and other benzenoids, caffeine, and diverse carboxylic acids. Detected anthocyanins were cyanidin-3-O-glucoside and cyanidin-3-O-rutinoside. Anthocyanin contents in orange-colored berries were lower than those in red fruits, while no anthocyanins were found in yellow-colored fruit. Among non-anthocyanin pigments, we found β -carotene and lutein in all varieties, along with other chloroplast-specific carotenoids in some accessions. In addition, saponification evidenced the presence of several xanthophyll esters. Both, chlorophyll a and b, were detected in the peels of all varieties, while only chlorophyll b was observed in the pulp. Thus, the color of yellow-peeled varieties is due to carotenoids, while that of orange and red-peeled varieties is due to both carotenoids as well as low and high levels of anthocyanins, respectively. Present results point out to the

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*Correspondence:

Patricia Esquivel patricia.esquivel@ucr.ac.cr

[†]ORCID:

Patricia Esquivel orcid.org/0000-0002-2555-9535 María Viñas orcid.org/0000-0003-0644-0579 Christof B. Steingass orcid.org/0000-0001-8269-4525 Ralf M. Schweiggert orcid.org/0000-0003-0546-1335 Víctor M. Jiménez orcid.org/0000-0003-3771-6072

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Esquivel P, Viñas M, Steingass CB, Gruschwitz M, Guevara E, Carle R, Schweiggert RM and Jiménez VM (2020) Coffee (Coffea arabica L.) by-Products as a Source of Carotenoids and Phenolic Compounds—Evaluation of Varieties With Different Peel Color. Front. Sustain. Food Syst. 4:590597. doi: 10.3389/fsufs.2020.590597 potential use of by-products of particular coffee varieties with differences in the external fruit color as a source of distinctive bioactive compounds, including anthocyanins and carotenoids, with health benefits.

Keywords: anthocyanins, carotenoids, (epi)catechin hexoside, chlorogenic acids, Coffea arabica, coffee, cyanidin, lutein

INTRODUCTION

By-products accruing during coffee processing represent more than 50% of the coffee fruit dry weight (Esquivel and Jiménez, 2012). Considering an estimated world production of about 171.2 million 60-kg bags for 2018/2019 (USDA, 2018), a significant amount of biomass, which has been mainly considered as "waste" material by the coffee industry, is currently discarded without further valorization. In contrast to dry coffee processing, the wet procedure usually allows the recovery of non-degraded peels and pulp (Esquivel and Jiménez, 2019), a very interesting source of valuable bioactives, whose identification and quantification have sluggishly started to promote their utilization for nutritional and pharmaceutical purposes. Taking advantage of these by-products will certainly benefit from further studies and from the development of new methodologies to improve their extraction (Esquivel and Jiménez, 2012; Heeger et al., 2017; Saini and Keum, 2018; Torres-Valenzuela et al., 2020).

Phenolic compounds and carotenoids are ubiquitous constituents of higher plants. While the profile and concentrations of the former have been studied in detail in coffee seeds and brew, knowledge about their presence in coffee by-products (peel and pulp) is more limited (reviewed by Esquivel and Jiménez, 2012). Older publications mention that coffee processing by-products contain several isomeric caffeoylquinic acids, dicaffeolyquinic acids, feruloylquinic acids, and epicatechin, considered as potent antioxidants (Ramirez-Martinez, 1988; Clifford and Ramirez-Martinez, 1991). In addition to the aforementioned constituents, caffeine, diverse quercetin glycosides (+)-catechin, and procyanidin di-, tri-, and tetra-mers have been reported in coffee husk (Mullen et al., 2013). Furthermore, the anthocyanins cyanidin-3-O-rutinoside and cyanidin-3-O-glucoside have been described (Prata and Oliveira, 2007), for which potential culinary applications have been proposed (Parra-Campos and Ordóñez-Santos, 2019). Regarding carotenoids, their contents have been only analyzed in whole berries of coffee, without separating the different fractions (i.e., pulp, peel, and bean), and their accumulation was associated with the expression of carotenoid biosynthetic genes (Simkin et al., 2010).

The chemical composition of coffee beans, used to prepare the coffee brew, varies depending on the genotype (Scholz et al., 2011; Tessema et al., 2011), which also seems to affect the composition of other fruit fractions (Ramirez-Martinez, 1988; Clifford and Ramirez-Martinez, 1991; González De Colmenares et al., 1994; Mullen et al., 2013). To the best of our knowledge, research on the compositional pattern of coffee by-products from different genotypes cultivated on the same site is scarce and has focused only on phenolic compounds (Ramirez-Martinez, 1988; Clifford

and Ramirez-Martinez, 1991; Rodríguez-Durán et al., 2014), while carotenoids have not been considered. Aiming at increasing evidence about the potential use of coffee by-products as source of bioactive compounds, in this study we employed up-to-date analytical methods to characterize the phenolic compounds, including anthocyanins, as well as carotenoids in peels and pulp of five Costa Rican coffee (*Coffea arabica* L.) varieties growing at the same farm under the same agro-ecological conditions.

MATERIALS AND METHODS

Plant Material and Chemicals

Fully ripe *Coffea arabica* L. berries of the varieties Caturra Rojo, Caturra Amarillo, Anaranjado, Catuaí, and Arábica were manually collected from a commercial coffee farm located in Tres Ríos, Cartago, Costa Rica (9°54′42″N 83°59′09″W). While Caturra Rojo, Catuaí, and Arábica have red peel color, the exocarp is yellow- and orange-colored in Caturra Amarillo and Anaranjado varieties, respectively. Chemical standards were obtained from Sigma Aldrich Chemie (Taufkirchen, Germany). All further reagents or solvents were purchased from VWR International (Darmstadt, Germany), at least of analytical or HPLC grade. Deionized water was used throughout.

Color Measurements

CIE-L*a*b* color values from the peel of 10 freshly collected single fruits of each variety were measured at different positions using a colorimeter (Colorflex HunterLab, Reston, USA) operated by SpectraManager software. An observer angle of 10° and illuminant D₆₅ were used. Hue angle ($h^{\circ} = \arctan(\frac{b^*}{a^*})$) and chroma ($C^* = \sqrt{a^{*2} + b^{*2}}$) were calculated from a* and b*.

Sample Preparation

After removing the seeds, peels and pulp were manually separated. Every sample was immediately frozen in liquid nitrogen and subsequently freeze-dried.

HPLC-DAD-ESI-MSⁿ Analysis of Phenolic Compounds

The protocol used for polyphenol extraction and analysis was modified from Kammerer et al. (2004), using 0.25 g of pulp and 0.5 g of freeze-dried peels. Polyphenols were extracted twice from each sample with MeOH/0.1% HCl (v/v), and the combined supernatants were evaporated to dryness *in vacuo* at 30°C. The residue was dissolved in 1 or 2 ml of deionized water (pH 3.0) for pulp and peels, respectively. Subsequently, samples were membrane-filtered (0.45 μ m) into amber vials and stored at -20° C until analysis. For HPLC analysis, an Agilent HPLC series 1100 (Agilent, Waldbronn, Germany) equipped with ChemStation software, G1379A degasser, G1312A binary gradient pump, G1313A autosampler, G1316A column oven, and G1315B diode-array detector (DAD), was used. The separation was conducted with a Phenomenex (Torrance, CA, USA) C18 Synergi[®] Hydro-RP (150 × 3.0 mm i.d., 4 μ m particle size) column with a C18 ODS guard column (4.0 × 2.0 mm i.d.) operated at 25°C. LC/MS analyses were performed with the above HPLC system coupled online to a Bruker Esquire 3000+ ion trap mass spectrometer (Bruker Daltonics, Bremen, Germany) operating with an ESI source in negative and positive ion mode for phenolics and anthocyanins, respectively, as detailed by Kammerer et al. (2004).

For the analysis of phenolic acids, the mobile phase consisted of a mixture of 2% (v/v) acetic acid in water (eluent A) and 0.5% acetic acid in water and MeOH (10:90, v/v; eluent B). The gradient used started with 10% eluent B increasing to 35% B in 35 min, ramping from 35 to 75% B in 20 min and 75 to 100% B in 2 min, afterwards 100% B isocratic (5 min), from 100 to 10% B (2 min), 10% B isocratic (5 min). Total run time was 69 min at a flow rate of 0.4 ml/min. The injection volume was 10 μ l. Detection wavelengths were 280 and 320 nm (Kramer et al., 2012).

A mixture of 5% (v/v) formic acid (eluent A) and MeOH/water/formic acid (80/10/10, v/v/v, eluent B) was used for analysis of anthocyanins and the gradient used ramped from 10 to 14% B (5 min), 14 to 23% B (25 min), 23 to 32% B (15 min), 32 to 62% B (15 min), 62 to 100% B (5 min), 100% B isocratic (5 min), 100 to 10% B (5 min), 10% B isocratic (5 min). Total run time was 80 min. The injection volume was 4 μ l. Monitoring was performed at 520 nm and a flow rate of 0.4 ml/min was used.

Compounds were quantified by integration of the peak areas at the respective wavelength using calibration curves of corresponding standard compounds or related reference compounds (5-O-caffeoylquinic acid, epicatechin, *p*-coumaric acid, proanthocyanidin B1, ferulic acid, and cyanidin-3-O-glucoside). Limits of detection (LOD) and limits of quantitation (LOQ) were calculated based on the regression parameters of the calibration curve. In addition, the identity of mangiferin and cyanidin-3-O-rutinoside was confirmed by using authentic standards.

GC-MS Analysis of Phenolic Compounds and Other Metabolites

Extraction and SPE Purification

Methanolic crude extracts obtained as detailed above were subjected to purification by solid phase extraction (SPE). Briefly, 0.25 g of freeze dried and milled peel and pulp, was extracted using $3 \times 5 \text{ mL}$ of MeOH/0.1% HCl. The crude extract was evaporated to dryness, re-dissolved in 1 ml of H₂O and extracted with $5 \times 2 \text{ mL}$ of *n*-hexane for removal of lipids. The defatted extract was analyzed as detailed below or subjected to SPE as reported previously (Steingass et al., 2015).

GC-MS Analysis

GC-MS analysis was performed after alkaline hydrolysis of the methanolic crude extract and the SPE purified sample as detailed elsewhere (Steingass et al., 2015), including the following modifications. After the admixture of 3.5 mL of 1 M NaOH and 4.5 mg of ascorbic acid as an antioxidant (final concentration of 1%), the sample was stirred for 4 h at room temperature. Subsequently, a pH of 1.25 ± 0.1 was adjusted with 25% H₂SO₄, followed by liquid-liquid extraction with $3 \times 2 \text{ mL}$ of ethyl acetate. The combined ethyl acetate phase was dried with 2.5 g of Na₂SO₄ and evaporated to dryness. Successively, $4 \times 3 \text{ mL}$ of toluene evaporated *in vacuo* at 40° C was used to remove acetic acid. Then, the analytes were dissolved in 0.5 mL of water-free pyridine. An aliquot of 0.5 mL was transferred into a GC vial and 0.2 mL Sweeley reagent (10% v/v hexamethyldisilazane (HDMS): trimethylchlorosilane (TMCS) at a ratio of 2:1 v/v in pyridine) was admixed following heating to 45° C for 30 min. After centrifugation, the clear supernatant was analyzed by GC-MS.

GC-MS analysis was performed using a 6890 N gas chromatograph and a 5976 mass selective detector (both Agilent Technologies, Santa Clara, CA, USA). The injection volume applying the splitless mode was 1.0 μ L. Chromatographic separation was achieved using a fused silica capillary column coated with 5% phenyl 95% polydimethylsiloxane (60 m × 0.25 mm i.d., film thickness $d_f = 0.25 \,\mu$ m, HP-5 ms, Agilent J&W Columns, Santa Clara, CA, USA). The temperature program, source and transfer line temperature were set as reported previously (Steingass et al., 2015). The scan ranges were m/z50–600 (scan frequency 2.7 Hz) between 4.6 and 35 min and m/z50–800 (2.0 Hz) for the final segment, respectively.

Assignment of individual compounds was based on their electron impact (EI) mass spectra compared to Wiley 6N (Wiley and Sons, New York, NY, USA) and NIST 08 (National Institute of Standards and Technology, Gaithersburg, USA) libraries, linear retention indices calculated relative to *n*-alkanes (C8–C30), and authentic reference standards (Steingass et al., 2015).

HPLC-DAD-APcI-MSⁿ Analysis of Carotenoids

Carotenoid extraction and HPLC-DAD-APcI- MS^n analysis were performed using the instrumentation and system settings as described by Schweiggert et al. (2011).

For selected samples, saponification of carotenoid esters was performed as follows: Carotenoid extracts were evaporated to dryness *in vacuo* at 25°C, re-dissolved in 50 mL of petroleum ether, and subsequently 50 ml of methanolic 10% (w/v) KOH were added. The solutions were maintained in agitation at 300 rpm overnight under nitrogen atmosphere. After saponification, the organic phase was separated, washed twice with deionized water, evaporated to dryness, and prepared for HPLC analysis according to Schweiggert et al. (2011).

Identification of carotenoids was performed by comparing their UV/Vis and APcI(+)-MS1 spectra with data published previously (Britton, 1995; de Rosso and Mercadante, 2007; Maroneze et al., 2019).

Statistics

Determination of significant differences between concentration means was carried out with two biological replicates using oneway analysis of variance, followed by Tukey's test for mean

No.	Proposed identity	bosed identity $t_{ m R}$ (min)		[M-H] [−] (m/z ^a)	MS/MS fragment ions (m/z, % base peak intensity)	Reference(s)	
1	3-O-Caffeoylquinic acid	15.2	300 sh, 325	353	191 (100), 179 (55), 173 (3), 135 (15)	Clifford et al., 2003; Weisz et al., 2009	
2	5-O-Caffeoylquinic acid	5-O-Caffeoylquinic acid 23.7		707 ^a (353)	[707]: 353 (87), 191 (8) [353]: 191 (100), 179 (3)	Gras et al., 2016	
3	4-O-Caffeoylquinic acid	25.2	300 sh, 326	353	191 (40), 179 (46), 173 (100)	Clifford et al., 2003; Weisz et al., 2009	
4	(Epi)catechin hexoside	27.0	274	451	289 (100), 245 (16)	Robbins et al., 2014	
5	(Epi)catechin	29.2	279	289	245 (100), 205 (28)	Jaiswal et al., 2014	
6	p-Coumaroylquinic acid	31.0	312	337	191 (100), 163 (8)	Weisz et al., 2009	
7a	Mangiferin	33.7	n.d. ^b	421	403 (11), 331 (49), 301 (100)	Trevisan et al., 2016	
7b	4-O-Feruloylquinic acid	33.7	-	367	191 (100)	Mullen et al., 2013	
8	5-O-Feruloylquinic acid	36.5	243, 326	367	191 (100), 173 (6)	Weisz et al., 2009; Mullen et al., 2013	
9	Catechin dimer	39.7	282	577	425 (80), 407 (100), 289 (24)	Sui et al., 2016; Rue et al., 2017	
10	3,4-di-O-Caffeoylquinic acid	43.2	326	515	353 (100), 191 (10), 179 (13), 173 (20)	Weisz et al., 2009	
11	3,5-di-O-Caffeoylquinic acid	44.1	326	515	353 (100), 191 (10), 179 (8)	Weisz et al., 2009	
12	Rutin	45.4	256, 354	609	301 (100), 300 (30), 255 (10)	Mullen et al., 2013	
13	4,5-di-O-Caffeoylquinic acid	46.7	327	515	353 (100), 203 (13), 173 (20)	Weisz et al., 2009	

TABLE 1 | HPLC retention times (t_R), UV/Vis and ESI-MS spectral data of non-anthocyanin phenolic compounds from pooled samples of coffee peels and pulp.

^aThe MS¹ spectrum of no. 2 assigned to 5-O-caffeoylquinic acid displayed abundant dimeric ions ([2M-H]⁻).

^b The characteristic UV/Vis maxima of mangiferin at ca. 318 and 366 nm (Campa et al., 2012) were not found, presumably due to co-elution with a feruolylquinic acid. Identity of mangiferin was further confirmed by using an authentic standard.

n.d., not detected.

comparison, using the statistical program Statistica 6.0 (StatSoft, Tulsa, OK, USA).

RESULTS AND DISCUSSION

HPLC-DAD-ESI-MSⁿ Analysis of Phenolic Compounds

Non-anthocyanin Phenolic Compounds

A total of 14 non-anthocyanin phenolic compounds were tentatively identified in pooled pulp and peel samples of the coffee fruit varieties by means of their UV spectra and mass fragmentation as well as the comparison to literature data. Nine of these compounds were free hydroxycinnamic acids (chlorogenic acids), including each three isomeric mono- (compounds 1–3 in **Table 1**) and di-caffeoylquinic acids (compounds 10, 11, and 13), in addition to *p*-coumaroyl- and feruloylquinic acids (compounds 6, 7b, and 8). All of these compounds are commonly found in green coffee beans (Clifford et al., 2003; Perrone et al., 2008) and, with the exception of *p*-coumaroylquinic acid, have been reported to be present in coffee pulp as well (Campa et al., 2012; Mullen et al., 2013; da Silveira et al., 2020).

The prevailing chlorogenic acid found in the peels and pulp of all five coffee varieties was 5-O-caffeoylquinic acid (**Table 2**). It displayed dimeric ions $[2M-H]^-$ (**Table 1**) as the most abundant species in the ESI(-)-MS1 spectrum. Similar to our results, Clifford and Ramirez-Martinez (1991) found higher concentration of 5-O-caffeoylquinic acid over the other chlorogenic acids measured in coffee pulp. This compound was differentiated from other caffeoylquinic acids by the distinctive fragmentation pattern (**Table 1**) according to Gras et al. (2016).

Both, 3-O- and 4-O-caffeoylquinic acids (compounds 1 and 3 in Table 1 and Figure 1) also exhibited [M-H]⁻ precursor ions at m/z 353 but displayed different mass fragmentations as described previously (Clifford et al., 2003; Weisz et al., 2009). The deprotonated molecules $[M-H]^-$ at m/z 337 and 367 and the unique fragmentation patterns were considered for the identification of peaks 6 and 8 as p-coumaroylquinic and feruloylquinic acids, possibly 5-O-p-coumaroylquinic acid and 5-O-feruloylquinic acid, respectively (Weisz et al., 2009) (Table 1). The former could be only quantified in the peels, while the latter solely in the pulp, without a clear pattern between genotypes (Table 2). Some variation in the contents of individual chlorogenic acids in the pulp and husks of different coffee varieties, like in this report (Table 2), was previously described by Ramirez-Martinez (1988), Clifford and Ramirez-Martinez (1991) and Mullen et al. (2013) as well. Moreover, the concentrations in our work are within the range of concentrations they reported in the wet-processed coffee husks.

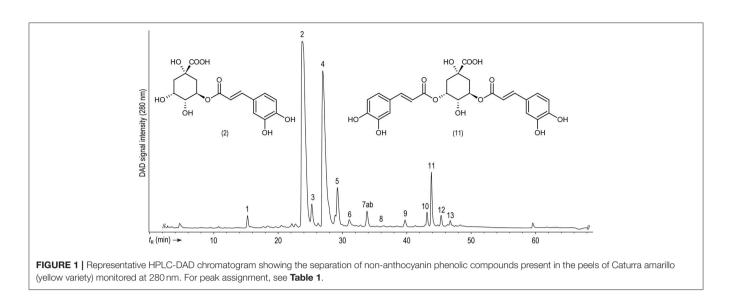
Additional phenolic compounds identified in coffee pulp and peels in our work include the monomeric flavan-3-ols (epi)catechin hexoside (epi)catechin and a catechin dimer (peaks 4, 5, and 9 in **Table 1**, respectively). Monomeric and dimeric aglycone flavan-3-ol forms have been previously reported in Arabica coffee pulp (Ramirez-Martinez, 1988; González De Colmenares et al., 1994; Ramirez-Coronel et al., 2004).

The putative (epi)catechin hexoside (peak 4, **Figure 1**) was one of the most conspicuous peaks and was found at concentrations ranging from 1,030 to 2,410 mg/kg. Although few differences were observed among genotypes, the yellow cultivar showed the highest contents in the peels, while the red Catuaí pulp had the lowest ones in the same fraction (**Table 2**). This peak displayed a deprotonated molecule $[M-H]^-$ at m/z 451 and

TABLE 2 | Concentration (mg/kg DM) of major phenolic compounds in pulp and peels of different coffee varieties^a.

Proposed identity	Anaranjado (orange)	Arábica (red)	Catuaí (red)	Caturra Rojo (red)	Caturra Amarillo (yellow)	Anaranjado (orange)	Arábica (red)	Catuaí (red)	Caturra Rojo (red)	Caturra Amarillo (yellow)
			Pulp					Peels		
Phenolic compounds										
3-O-Caffeoylquinic acid	242.2 ^b	259.9 ^a	220.8 ^d	227.5 ^{cd}	237.2 ^{bc}	133.2ª	136.9 ^a	65.3 ^b	71.1 ^b	156.0 ^a
5-O-Caffeoylquinic acid	1998.9 ^{ab}	2220.7ª	1738.2°	1941.5 ^{bc}	2201.6ª	4526.1 ^{bc}	5693.4 ^{ab}	2745.6 ^c	4242.6 ^{bc}	8029.8ª
4-O-Caffeoylquinic acid	408.5ª	434.9 ^a	305.7 ^b	328.7 ^b	419.9 ^a	177.7 ^b	182.9 ^b	87.8 ^c	97.1°	248.3 ^a
(Epi)catechin hexoside	1489.2 ^{ab}	1536.8 ^{ab}	1301.1 ^b	2028.6 ^a	1351.0 ^b	1865.9 ^{ab}	1837.3 ^{ab}	1029.8 ^b	1457.0 ^{ab}	2410.8ª
(Epi)catechin	369.8 ^b	398.5ª	346.5 ^b	166.7 ^d	292.2°	498.5 ^b	507.0 ^a	288.0 ^c	408.5 ^b	517.8ª
p-Coumaroylquinic acid ^b	tr	tr	tr	tr	tr	79.7ª	74.9 ^{ab}	50.8 ^b	69.0 ^{ab}	89.2 ^a
5-0-Feruloylquinic acid ^c	9.7 ^b	11.2 ^b	11.8 ^b	57.6 ^a	16.4 ^b	tr	tr	tr	tr	tr
Catechin dimer ^d	tr	tr	tr	tr	tr	141.3 ^b	51.1 ^{cd}	32.1 ^d	80.6°	238.4ª
3,4-di-O-Caffeoylquinic acid	420.1 ^b	514.6 ^a	353.9°	288.8 ^d	382.7 ^{bc}	678.2 ^b	762.6 ^a	439.8°	417.3°	663.8 ^b
3,5-di-O-Caffeoylquinic acid	506.3 ^{ab}	575.5ª	450.5 ^{bc}	372.4°	569.3ª	1537.3ª	1510.0ª	962.5ª	992.1ª	922.2ª
Rutin ^e	n.d.	n.d.	n.d.	n.d.	n.d.	1773.6 ^a	754.4 ^{bc}	492.8 ^c	698.0 ^{bc}	1063.4 ^b
4,5-di-O-Caffeoylquinic acid	280.1 ^b	326.3ª	266.1 ^b	235.3°	281.4 ^b	367.2 ^b	401.8 ^{ab}	289.8°	289.5°	440.9 ^a
Anthocyanins										
Cyanidin-3-O-glucoside ^f	n.d.	n.d.	n.d.	n.d.	n.d.	4.9 ^b	22.8ª	15.9 ^a	16.8ª	n.d.
Cyanidin-3-O-rutinoside ^g	n.d.	n.d.	n.d.	n.d.	n.d.	10.2 ^b	97.7 ^a	62.9 ^a	75.4 ^a	n.d.

^aValues represent means ± standard deviations (n = 2). Different letters within a row and fraction indicate significant differences of means (p < 0.05). DM: dry matter; ^bLOQ 6.7; ^cLOQ 4.8; ^dLOQ 12.7; ^eLOD 3.8; ^fLOD 0.7; ^gLOD 0.5; n.d., not detected; tr, trace; LOD, limit of detection; LOQ, limit of quantification.



a base peak fragment ion at m/z 289 generated by the neutral loss of 162 amu, resembling a dehydrated hexose moiety according to Robbins et al. (2014). (Epi)catechin (peak 5, Figure 1) with a precursor ion $[M-H]^-$ at m/z 289 and a base peak product ion at m/z 245 ([M-H-CO₂]⁻) (Karar et al., 2014) was guantified at lower contents than those found for the (epi)catechin hexoside in peels and pulp showing less amount in the pulp of the red genotype Caturra Rojo than in the pulp of other genotypes. Peak 9 (Figure 1) was identified as a catechin dimer with a precursor ion $[M-H]^-$ at m/z 577 and product ions at m/z 425, 407, and 289 being characteristic for B-type procyanidins (Sui et al., 2016; Rue et al., 2017). The presence of proanthocyanidins has been previously reported by Ramirez-Martinez (1988), Ramirez-Coronel et al. (2004), and Mullen et al. (2013) in the pulp of Coffea arabica. Catechin and epicatechin levels in husks have previously shown differences according to the coffee species (C. arabica and C. canephora) and cultivation place (Mexico, India, or China), with much lower concentrations than the ones being reported in our work (Mullen et al., 2013). Conversely, higher levels of epicatechin have been previously reported in the pulp of eight coffee cultivars (Ramirez-Martinez, 1988) than those measured in this study, while similar values for catechin were described in the same report.

Furthermore, the *C*-glycosylated xanthone mangiferin (peak 7a, **Figure 1**), previously described as a compound with high potential as cancer chemopreventive (Gold-Smith et al., 2016), was identified by mass spectral data and using the corresponding standard. However, mangiferin quantitation was omitted due to a coelution with a feruloylquinic acid according to the mass fragmentation signals. Consistent with the elution sequence reported by Mullen et al. (2013), this compound could be 4-*O*-feruloylquinic acid (7b). Mangiferin has predominantly been found in mango (*Mangifera indica* L.) bark and fruits (Berardini et al., 2004, 2005; Nong et al., 2005), although it has been reported in leaves and fruits of diverse coffee species as well (Talamond et al., 2008; Campa et al., 2012; Trevisan et al., 2016). Therefore, its quantification in the coffee fruit

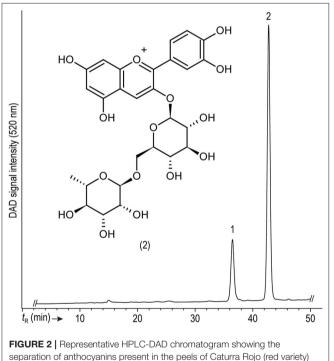
byproducts of genotypes with different peel colors deserves more attention.

Finally, the flavonol rutin [quercetin 3-O-(6-O-rhamnosylglucoside)] (peak 12, Table 1), with a precursor ion [M-H]⁻ at m/z 609 and a base peak product ion at m/z 301 ([M-H-308]⁻) (Karar et al., 2014), was only detected and quantified in the fruit peels, but not in the pulp, of all studied coffee genotypes, predominantly in the orange one Anaranjado (Table 2). Previous works (Ramirez-Martinez, 1988; Heeger et al., 2017; Torres-Valenzuela et al., 2020) have reported lower levels of this compound in coffee husks. The fact that in our work rutin was only found in the peels could, at least partially, explain these differences to previous reports in which husk samples (containing pulp and peels mixed) were analyzed. The higher ratio of pulp to peels' mass could have caused a dilution in the rutin contents reported elsewhere. Because of the health beneficial properties of this flavonoid (antioxidant, antimicrobial, anti-inflammatory, anticancer, antidiabetic, antiallergic, etc.), there is an increasing interest in identifying new rutin sources, and residual biomass has been the focus of recent research (Sharma et al., 2013; Gullón et al., 2017; Junker-Frohn et al., 2019).

Anthocyanins

Two anthocyanins, namely cyanidin-3-O-glucoside and cyanidin-3-O-rutinoside (peaks 1 and 2 in **Figure 2**, respectively), previously reported as the prevailing coffee anthocyanins (Prata and Oliveira, 2007), were identified by using the corresponding authentic standards (**Table 3**). Both cyanidins displayed molecular ions $[M]^+$ in the ESI(+)-MS1 spectra and product ions from the elimination of the sugar moieties. Chemical ionization dissociation (CID) of compound 1 with a $[M]^+$ at m/z 449 resulted in a single fragment ion from the elimination of a dehydrated hexose at m/z 287 ($[M-162]^+$) resembling cyanidin. CID of 2 with $[M]^+$ at m/z 595 generated fragment ions at m/z 449 ($[M-146]^+$) and 287 ($[M-308]^+$) from the neutral losses of the deoxyhexosyl (146 amu) and the

entire (deoxyhexosyl)hexosyl (308 amu) moiety, respectively (Faramarzi et al., 2015). Both anthocyanins were absent in the pulp of all varieties assessed and in the peel of the yellow coffee genotype. The concentrations of cyanidin-3-O-glucoside and of cyanidin-3-O-rutinoside in the orange sample amounted to 4.9 and 10.2 mg/kg, respectively. These values were clearly exceeded by the 15.9-22.8 and 62.9-97.7 mg/kg, respectively, as determined across all red-colored samples (Table 2), as can be expected according to the color of the peels. The same anthocyanins were detected previously in coffee husks and, likewise, cvanidin-3-O-rutinoside was detected in higher contents than cyanidin-3-O-glucoside (Prata and Oliveira, 2007; Murthy et al., 2012). Prevalence of cyanidin-3-O-rutinoside over cyanidin-3-O-glucoside has been consistently reported in several ripe palm fruits [e.g., Euterpe oleracea Mart., Euterpe edulis Mart. and Bactris guineensis (L.) H.E. Moore], although in much higher contents than the ones measured in coffee peels (Gordon et al., 2012; Vieira et al., 2017; Erşan et al., in press). Extraction of anthocyanins from the coffee fruit



monitored at 520 nm. For peak assignment, see **Table 3**.

processing byproducts for their utilization in the food industry is under development and has a promising future (Murthy and Naidu, 2012; Punbusayakul et al., 2014; Parra-Campos and Ordóñez-Santos, 2019).

GC-MS Analysis of Phenolic Compounds and Other Polar Metabolites

GC-MS alkaline hydrolysis and trimethylsilylation was conducted to verify the compound assignments based on HPLC-DAD-ESI-MSⁿ analysis (**Table 4**). Abundant peaks were assigned to the hydroxycinnamic acids (*E*)-caffeic and (*E*)-*p*-coumaric acid, most likely resulting from the hydrolytic cleavage of their esters with quinic acid (chlorogenic acids). Their corresponding (*Z*)-isomers were detected as minor constituents and may represent possible workup artifacts (Steingass et al., 2015). In addition, quinic acid detected in the hydrolyzed extract may derive from these hydroxycinnamoyl esters. Two late eluting compounds detected at a low abundance were identified as epicatechin and catechin, thus substantiating their identification by LC-MS (**Table 1**).

Moreover, caffeine and diverse low molecular weight benzenoids were detected such as benzoic acid and derived hydroxybenzoic acids (hydroxybenzoic, protocatechuic, and vanillic acid) in addition to benzaldehyde, benzyl alcohol, eugenol, and phloretic acid. Noteworthy, the presence of protocatechuic acid and caffeine in coffee pulp has been previously reported (Ramirez-Martinez, 1988; Clifford and Ramirez-Martinez, 1991).

Further constituents detected by GC-MS comprised carboxylic acids from the citric acid cycle (citric, *cis*-aconitic, succinic, fumaric, and malic acid) ubiquitously occurring in plants. Glyceric acid has been previously reported in brewed coffee (Bähre and Maier, 1996). The retention indices and mass spectra of the coffee constituents compiled in **Table 4** represent a solid basis for continuative research and may be highly instrumental for a GC-MS based metabolite profiling, e.g., for the authentication of coffee varieties but also derived products.

HPLC-DAD-APcI-MSⁿ Analysis of Carotenoids and Chlorophylls

In this work, carotenoids were detected in the coffee fruit peels and pulp (**Table 5**). The much lower absolute signal observed in the latter fraction did not allow to assess potential differences between genotypes and, therefore, results are exemplified with the pulp of the yellow Caturra variety (**Table 5**). Regarding the peels, comparable profiles were observed in the yellow and orange coffee varieties analyzed here, both showing

TABLE 3 | HPLC retention times (t_R), UV/Vis and ESI-MS spectral data of anthocyanins from pooled samples of coffee peels and pulp.

No.	Proposed identity	t _R (min)	HPLC-DAD UV/Vis Absorption maxima (nm)	[M]+ (m/z ^a)	MS/MS fragment ions (m/z, % base peak intensity)	Reference
Anthoo	yanins					
1	Cyanidin-3-O-glucoside	36.5	280, 520	449	287 (100)	STANDARD
2	Cyanidin-3-O-rutinoside	42.7	280, 520	595	449 (19), 287 (100)	STANDARD

t _R (min)	LRI	Proposed identity	Derivative ^a	[M] ⁺ (<i>m/z</i>)	[M-CH ₃] ⁺ (<i>m/z</i>)	Other characteristic ions ^b (m/z, % base peak intensity)	Criteriac	Detected ^d		
				(1172)	(11/2)	(m/2, // base peak mensity)		Ce	SPE	
6.6	971	Benzaldehyde	-	106 (99)	_	105 (100), 77 (88), 51 (39)	MS, LRI, STD	Pe, Pu	Pe, Pu	
10.7	1,157	Benzyl alcohol	1 TMS	180 (14)	165 (100)	135 (68), 91 (83)	MS, LRI, STD	Pe, Pu	Pe, Pu	
12.0	1,206	Malonic acid	2 TMS	248 (1)	233 (8)	133 (4), 99 (2)	MS, LRI, STD	Pe, Pu	Pe, Pu	
13.3	1,252	Benzoic acid	1 TMS	194 (8)	179 (100)	135 (40), 105 (57)	MS, LRI, STD	Pe	Pe, Pu	
15.2	1,317	Succinic acid	2 TMS	262 (1)	247 (15)	172 (4), 133 (3), 129 (6)	MS, LRI, STD	Pe, Pu	Pe, Pu	
15.9	1,340	Glyceric acid	3 TMS	322 (1)	307 (11)	292 (58), 205 (21), 189 (55), 133 (28), 103 (22)	MS, LRI	Pe, Pu	Pe, Pu	
16.2	1,348	Fumaric acid	2 TMS	260 (<1)	245 (100)	217 (1), 155 (3), 143 (12), 133 (5), 115 (4), 83 (5)	MS, LRI, STD	Pe, Pu	Pe, Pu	
20.1	1,480	Eugenol	1 TMS	236 (64)	221 (29)	206 (100), 179 (18)	MS, LRI, STD	-	Pe, Pu	
20.8	1,501	Malic acid	3 TMS	350 (<1)	335 (7)	307 (5), 245 (19), 233 (33), 217 (6), 189 (11)	MS, LRI, STD	Pe, Pu	Pe, Pu	
24.7	1,636	Hydroxybenzoic acid (unknown isomer)	2 TMS	282 (21)	267 (100)	230 (12), 223 (65), 217 (19), 193 (51), 105 (4)	MS	Pe	n.d.	
28.1	1,760	cis-Aconitic acid	3 TMS	390 (<1)	375 (44)	285 (22), 229 (57), 211 (21)	MS, LRI, STD	Pe, Pu	n.d.	
28.3	1,770	Phloretic acid	2 TMS	310 (28)	295 (8)	192 (64), 179 (100)	MS, LRI	Pe, Pu	Pu	
28.5	1,775	Vanillic acid	2 TMS	312 (63)	297 (100)	282 (30), 267 (71), 253 (46), 223 (52), 193 (20), 165 (10), 135 (5), 126 (20)	MS, LRI, STD	Pe, Pu	n.d.	
29.1	1,800	(Z)-p-Coumaric acid	2 TMS	308 (43)	293 (38)	249 (55), 219 (48), 203 (17), 191 (19), 179 (11), 131 (2)	MS	Pe, Pu	Pe, Pu	
30.0	1836	Protocatechuic acid	3 TMS	370 (19)	355 (31)	311 (20), 281 (11), 267 (7), 223 (10), 193 (100), 165 (7)	MS, LRI, STD	Pe, Pu	Pe, Pu	
30.2	1844	Citric acid	4 TMS	480 (<1)	465 (7)	375 (13), 363 (17), 347 (16), 273 (100)	MS, LRI, STD	Pe, Pu	Pe, Pu	
30.7	1862	Caffeine	-	194 (100)	-	165 (6), 136 (4), 109 (42), 82 (19), 67 (25)	MS, LRI, STD	Pe, Pu	n.d.	
31.5	1893	Quinic acid	5 TMS	552 (<1)	537 (2)	419 (5), 345 (100), 334 (8), 255 (33), 204 (10)	MS, LRI, STD	Pe, Pu	Pe, Pu	
32.9	1,950	(E)-p-Coumaric acid	2 TMS	308 (78)	293 (100)	249 (48), 219 (88), 203 (7), 191 (6), 179 (16), 131 (2)	MS, LRI, STD	Pe, Pu	Pe, Pu	
34.1	2,001	(Z)-Caffeic acid	3 TMS	396 (100)	381 (20)	307 (12), 293 (6), 249 (7), 219 (93), 191 (15)	MS, LRI, STD	Pe, Pu	Pe, Pu	
37.7	2,155	(E)-Caffeic acid	3 TMS	396 (100)	381 (23)	307 (13), 293 (6), 249 (6), 219 (79), 191 (13)	MS, LRI, STD	Pe, Pu	Pe, Pu	
52.0	2,897	Epicatechin	5 TMS	650 (6)	635 (<1)	368 (100), 355 (35), 280 (5), 267 (9)	MS, LRI, STD	n.d.	Pe, Pu	
52.4	2,920	Catechin	5 TMS	650 (6)	635 (1)	368 (100), 355 (28), 280 (5), 267 (7)	MS, LRI, STD	n.d.	Pe, Pu	

t_R, retention time; LRI, linear retention index; Pe, peels; Pu, pulp.

^a Trimethylsilyl (TMS) derivative detected after alkaline hydrolysis and partitioning with ethyl acetate. Ce, crude extract; SPE, sample purified by solid-phase extraction.

^bUnspecific fragment ions at m/z 73 (C₃H₉Si⁺), 75, and 147 (C₆H₁₅SiO₂⁺) are not given herein.

° Identification criteria: Linear retention index (LRI) on a HP-5 ms column, mass spectrum (MS), and reference standards (STD).

^d Detected in the defatted crude extract (CE) and the SPE extract (SPE) after alkaline hydrolysis and partitioning with ethyl acetate.

the highest diversity of carotenoids. The red Caturra peels mainly showed lutein and β -carotene, but did not show quantifiable amounts neither of the xanthophylls violaxanthin and neoxanthin [both with protonated molecules $[M+H]^+$ at m/z 601], nor of α -carotene. β -Carotene and α -carotene displayed protonated molecules $[M+H]^+$ at m/z 537. The comparison of their distinctive Vis absorption spectra to those reported in literature (e.g., Britton, 1995) permitted assignment of these isobaric carotenes. Lutein and β -carotene were the major carotenoids detected in all varieties (peaks 4 and 8 in **Figure 3**, respectively). Lutein showed a protonated molecule $[M+H]^+$ at m/z 569 and an abundant, characteristic in-source

fragment $[M+H-18]^+$ at 551, and UV/Vis absorption maxima of 420, 444, and 472 nm, which is in agreement with Britton (1995) and Rodriguez-Amaya (2001). Lutein was not baseline resolved from one of the two chlorophylls detected in the genuine extracts.

Chlorophylls a and b were identified in the ripe coffee peels of all varieties, while only the latter was present in the pulp. Presence of chlorophyll is not only evident in unripe coffee fruits because of the exocarp green color, but also due to their relevant photosynthetic capacity (Vaast et al., 2005). However, a progressive decrease in the chlorophyll content along ripening has been reported (Marín-López TABLE 5 | HPLC retention times (*t*_R), Vis absorption maxima, APcl(+)-MS data and qualitative carotenoid and chlorophyll profiles in the peels of three coffee varieties and in the pulp of cv. Caturra Amarillo.

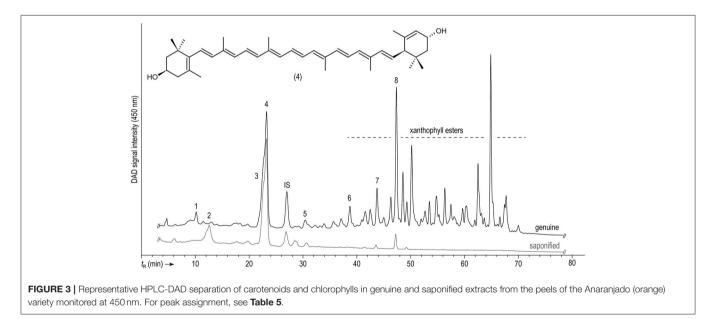
No.	Proposed identity	t _R (min)	Vis _{max} (nm)	[M+H] ⁺ (<i>m/z</i>)		Coffee variety a	References		
					Caturra Rojo (red)	Anaranjado (orange)	Caturra Amarillo (yellow)	Caturra Amarillo (yellow)	
						Peels		pulp	-
1	Violaxanthin	10.6	419/440/470	601	-	+	+	_	Britton, 1995
2	Neoxanthin	11.3	412/436/464	601	-	+	+	-	Britton, 1995
3	Chlorophyll b	22.1	466/650	906	+	+	+	+	Maroneze et al., 2019
4	Lutein	23.8	420sh/444/472	569, 551 ^a	+	+	+	+	de Rosso and Mercadante, 2007
5	Chlorophyll a	29.5	432/666	892	+	+	+	-	Maroneze et al., 2019
6	n.i.	37.5	420sh/440/470	537	-	+	+	-	-
7	α-Carotene	43.6	422sh/446/474	537	_	+	+	+	de Rosso and Mercadante, 2007
8	β-Carotene	47.2	424sh/450/478	537	+	+	+	+	Britton, 1995

*Presence (+) or absence (-) of the compound.

sh, shoulder in the Vis absorption spectrum.

^aIn-source elimination of water $[M+H-H_2O]^+$.

n.i., not identified.



et al., 2003; de Castro and Marraccini, 2006). These primary photosynthetic pigments were identified in our work by their protonated molecules $[M+H]^+$ at m/z 892 and 906, respectively, and their corresponding absorption maxima, according to Maroneze et al. (2019).

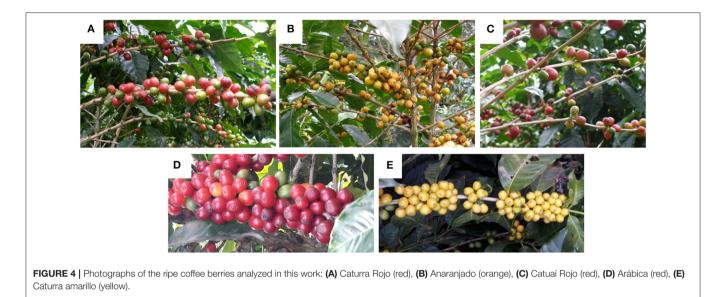
Table 5 compiles the criteria for identification of the remaining carotenoids and the corresponding references. Comparison of chromatograms of genuine and saponified samples showed disappearance of several peaks in the latter, which points out to the presence of some carotenoid esters (**Figure 3**). This merits further investigation, especially, considering the increased bioavailability of esterified carotenoids over the free forms (Hempel et al., 2017; Schweiggert and Carle, 2017; Chacón-Ordóñez et al., 2019).

To the best of our knowledge, this is the first report on the characterization of carotenoids in different coffee fruit tissues (viz., pulp, and peels). In a previous work aiming at studying the profile and expression of carotenoid biosynthetic genes during coffee fruit development, Simkin et al. (2010) have analyzed complete fruits instead. They found the same pattern of carotenoids and chlorophylls we are reporting here. Similar to our results, these authors also found lutein to be the prevailing carotenoid in the ripe coffee fruits (in both *C. arabica* and *C. canephora* species). The carotenoid profile of coffee peel and pulp resembled that of a (degraded) chloroplast. These organelles ubiquitously occurring in green plant tissues contain chlorophylls a and b, in addition to a highly preserved carotenoid pattern, with prevailing constituents being lutein (40–45%) and

Color parameter	Anaranjado (orange)	Arábica (red)	Catuaí (red)	Caturra Rojo (red)	Caturra amarillo (yellow)
L*	$37\pm0^{\mathrm{b}}$	$25\pm2^{\circ}$	$26\pm1^{\circ}$	21 ± 1^{d}	43 ± 2^{a}
C*	38 ± 2^{a}	27 ± 1^{b}	$26\pm2^{\rm b}$	$21\pm3^{\circ}$	41 ± 2^{a}
h°	$56\pm2^{\rm b}$	30 ± 4^{cd}	$35\pm2^{\rm c}$	26 ± 4^{d}	75 ± 2^{a}

TABLE 6 | Color parameters of peels from different coffee genotypes.

^a Values represent means \pm standard deviations (n = 2). Different letters within a row indicate significant differences of means (p < 0.05).



 β -carotene (20–25%), as well as violaxanthin and neoxanthin (both 10–15%) (Schweiggert and Carle, 2017).

Lutein, together with zeaxanthin, are the only carotenoids of about 20-30 found in the human tissues, that accumulate in the macula lutea, which is the most sensitive region of the retina of humans and other primates. These carotenoids are believed to be important for the prevention of age-related macular degeneration, being a cause of impaired vision and blindness in elderly people. Furthermore, frequent lutein intake has been associated with improved cognitive functions like verbal fluency in senior citizens (Johnson, 2012; Eisenhauer et al., 2017). In addition, β-carotene, the other predominant carotenoid found in the peels and pulp of coffee berries according to results in Figure 3, is well-known for its provitamin A activity. Deficiency of this vitamin is an important drawback for deprived populations in various regions of the world and has been related to eye health issues and increased severity and death rates due to infectious diseases (Wiseman et al., 2017). Therefore, looking for affordable lutein and β -carotene sources has been the aim of considerable research, and coffee by-products might be considered for the food industry in the framework of the application of circular economy strategies. Further investigation regarding the effect of environmental and genetic conditions on carotenoid accumulation, as well as evaluation of extraction methods, to attain high recovery and reduce prospective antinutritional factors, are necessary to take advantage of this potential source of functional compounds (Janissen and Huynh, 2018; Kumar et al., 2018; Saini and Keum, 2018).

Color Analysis

Color parameters of the peels are displayed in **Table 6** and pictures of the studied coffee cherries are shown in **Figure 4**. In agreement with the visual perception, L* values corroborated higher lightness for yellow- and orange-colored fruits (L* of 43 and 37, resp.) when compared to the red ones (L* of 21–26). Moreover, yellow- and orange-colored coffee cherries also showed higher chroma (C*) values when compared to the other materials. As expected, hue (h°) values of 75 in the yellow colored berries agreed with the yellow tonalities (h° at ~70–90), orange colored fruits with hue values of ~56, also neared the expected orange tonalities (h° at ~40–70). Hue values ranging between 26 and 35 were measured for the red colored fruits, also in accordance with red tonalities (h° at ~10–30).

The profile of anthocyanins, together with that of carotenoids, explains the observable colors of the coffee peels in the different genotypes. The relationship between both pigment groups in terms of quantity, profile and distribution in the different tissues has been pointed out as determinant for generating the observable color. This has been described previously in several tropical fruits such as bananas, cashew apples, mango, and nance (Schweiggert et al., 2016; Fu et al., 2018; Irías-Mata et al., 2018;

Ranganath et al., 2018). In flowers (Lewis et al., 2003) and banana fruits (Fu et al., 2018), the deposition of anthocyanins in external cell layers has been documented, whereas carotenoids are sometimes located in more internal ones (sub-epidermis and mesophyll) and, thus, their yellow color might be less dominantly visible than the red color of anthocyanins. In any case, the color of anthocyanins often overlays with the color of carotenoids and, eventually, chlorophylls and, therefore, according to the pigments available, different colorations are noticeable. Knowing whether differential deposition in layers also occurs in the coffee peels might be the subject of further research. Nevertheless, clearly, the absence of anthocyanins in the yellow genotype (Caturra Amarillo) (Table 2) allows the sole appearance of a yellow color caused by lutein and β-carotene, the most conspicuous carotenoid peaks observed (Figure 3), and widely known for their yellow and orange colors, respectively (Meléndez-Martínez et al., 2007). Orange pigmentation in Zantedeschia (calla lily) and red pigmentation in bananas have been found to result from the visual appearance of having both pigment groups (carotenoids and anthocyanins) in different cell layers, and not because of their mixture (Lewis et al., 2003; Fu et al., 2018). Something similar might occur in the orange coffee variety (Anaranjado), a genotype that contains a lower concentration of anthocyanins compared to the red ones (Table 3). Nevertheless, in the red-colored varieties, the much higher concentration of anthocyanins apparently had totally masked the yellow background color of the more internal carotenoids, hiding their appearance, either simply due to their contents or because of their localization in the outer cell layers.

CONCLUSIONS

5-O-Caffeoylquinic acid together with a putative (epi)catechin hexoside were consistently the prevailing phenolic compounds among 16 detected in the pulp and peels of coffee berries belonging to different varieties with distinct exocarp color. Moreover, the xanthone mangiferin, a cancer chemopreventive agent, was found in all samples and its study deserves more attention. GC-MS analysis after alkaline hydrolysis and trimethylsilylation substantiated the assignment of the individual phenolic compounds by HPLC-DAD-ESI-MSⁿ and, moreover, permitted the identification of additional plant metabolites, thus

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providing a solid basis for ongoing research. Anthocyanins were found in red-colored fruit peels and in lower contents in orangecolored ones, but were absent in the yellow-colored berries. On the other hand, carotenoid peel profiles can be divided into two groups, with the red genotype on the one side and the yellow and orange ones clustered together on the other. The latter showed additional carotenoid compounds to the ones found in the former. These results point out to the potential that coffee berry by-products have for their utilization as a source of health beneficial compounds, including natural pigments.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

AUTHOR CONTRIBUTIONS

PE, EG, RC, and VJ designed research. MV, CS, MG, and RS conducted research. PE, MV, CS, RS, and VJ analyzed data. PE, MV, CS, EG, RC, RS, and VJ discussed the data. PE, MV, CS, RS, and VJ wrote the paper. All authors read and approved the final manuscript.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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